



普通高中教科书

# 英语

选择性必修

第一册



译林出版社

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#### 普通高中教科书·英语 [选择性必修 第一册]

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# 前言

同学们：

欢迎使用《普通高中教科书·英语》！本册教材围绕“人与社会”的主题语境，依托话题丰富、文体多样的语篇，引领你通过一系列英语学习活动，发展英语学科核心素养。现在，让我们走进教材，开启一段有趣的英语学习之旅。

每个单元首页的 **Welcome to the unit** 板块是你单元学习的起点，借助视频、图示、文字等形式多样的语篇激发你的学习兴趣，帮助你初步了解单元主题，为单元学习做好热身准备。随后，你将进入一个非常重要的学习环节——**Reading** 板块。在这里，你将有机会阅读关于饮食文化、音乐作品、绘画流派以及诗歌鉴赏等话题的语篇，感受真实、地道、优美的英语，了解中外优秀文化。你可以通过一系列多维度、分层次的阅读活动，深入探究主题意义，提升语言能力、文化意识和思维品质。来到 **Grammar and usage** 板块，你将在语篇中观察、探究语法现象，自主归纳语法规则，并在新的语境和活动中正确使用语法。接下来，在 **Integrated skills** 板块，你将综合运用听、说、读、看、写的技能，完成语言技能融合的活动。随后，在 **Extended reading** 板块，你将进行拓展阅读，通过观点表达等活动，进一步探究主题意义，获得对饮食文化的新认识，提升对文学艺术的鉴赏能力。在 **Project** 板块，你将和同学一起开展合作学习、探究学习，完成一项综合性、实践性活动。**Assessment** 板块以开放性问题的形式提供自评、互评等多种评价方式，促使你及时反思并调整学习行为，提升学习能力，使学习更有成效。在 **Further study** 板块，你可以根据自身的学习情况来选择教材推荐的资源在课后进行自主学习、拓展学习，继续体验英语学习的快乐。

祝你在这段英语学习之旅中，带着梦想，快乐而自信地前行！

《普通高中教科书·英语》编写组

2020年12月

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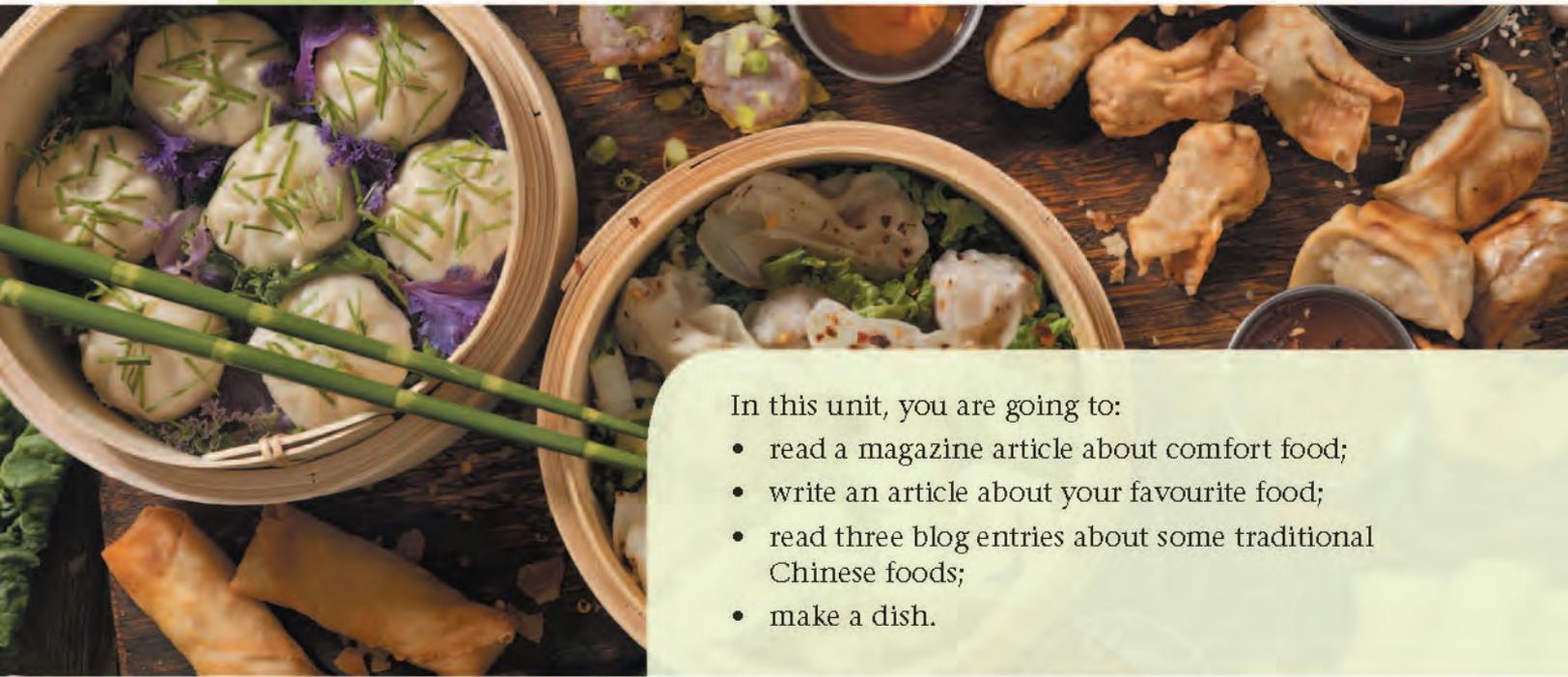


# UNIT 1

## Food matters

*Food is as fundamental to man as the people are to the state.*

—Chen Shou



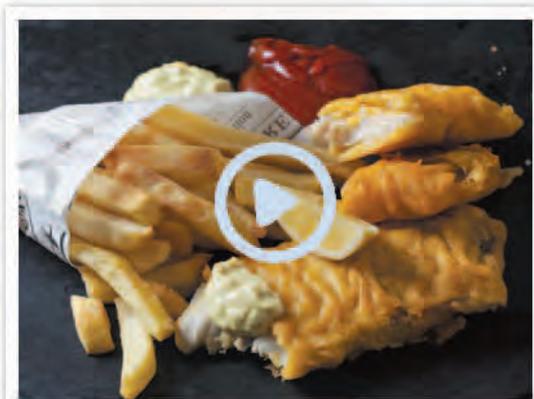
In this unit, you are going to:

- read a magazine article about comfort food;
- write an article about your favourite food;
- read three blog entries about some traditional Chinese foods;
- make a dish.

### Welcome to the unit



Each country has its typical food. Watch the video and finish the following exercises.



- Fish and chips from the UK consists of deep-fried fish and \_\_\_\_\_ chips.
- Sushi from Japan comes in \_\_\_\_\_ and is very popular partly because of its freshness and convenience.
- A taco, a traditional Mexican dish, is made up of a \_\_\_\_\_ or wheat pancake rolled around a filling.
- Pasta from Italy is typically made from flour, water and sometimes \_\_\_\_\_.

- 1 Which of the dishes in the video would you like to try most? Why?
- 2 What do you think is the most typical Chinese food?

## Reading



Food keeps us healthy and energetic. It can also do more than that. The article below, from a food magazine, discusses the idea of comfort food. Before you read the article, think about the following questions:

- What do you think the article will talk about according to the title?
- What foods can have an impact on your feelings?

# Comfort food

Whenever I feel lonely, I have a secret recipe that never fails: rice, milk and sugar, cooked low and slow. No matter how bad my mood is, that perfect combination is always enough to lift my spirits. Sometimes the smell alone can do the trick, not to mention the lovely creamy flavour, which works like a time machine immediately transporting me back to my sunny childhood. With pleasure, I remember the lazy Sunday afternoons I used to spend in the warmth of my grandma's flat, listening to her wonderful stories and greedily eating bowl after bowl of her delicious rice pudding. I take my time over every spoonful, gently rolling the silky dessert around my mouth and enjoying the perfect marriage of rice and milk. Before I know it, I'm happy again.

My experience with rice pudding illustrates the unique power of "comfort food". In its broadest sense, comfort food refers to any food that makes us feel better. In this article, we will talk about a particular type of comfort food whose power mainly lies in the associations it calls to mind. It often makes up for bad feelings by helping us recall happy memories of the people, things or places we love.

Our comfort foods are highly individual. They vary from person to person, depending on our own unique experiences that have shaped our lives. If we grow

up eating certain foods in our family, then those foods tend to be linked with positive emotions. For example, we often connect chicken soup with a happy  
20 childhood and its flavour becomes tied up with the feeling of being taken care of. When we eat it again, we unlock memories of a time when we were loved and looked after, and this cheers us up.

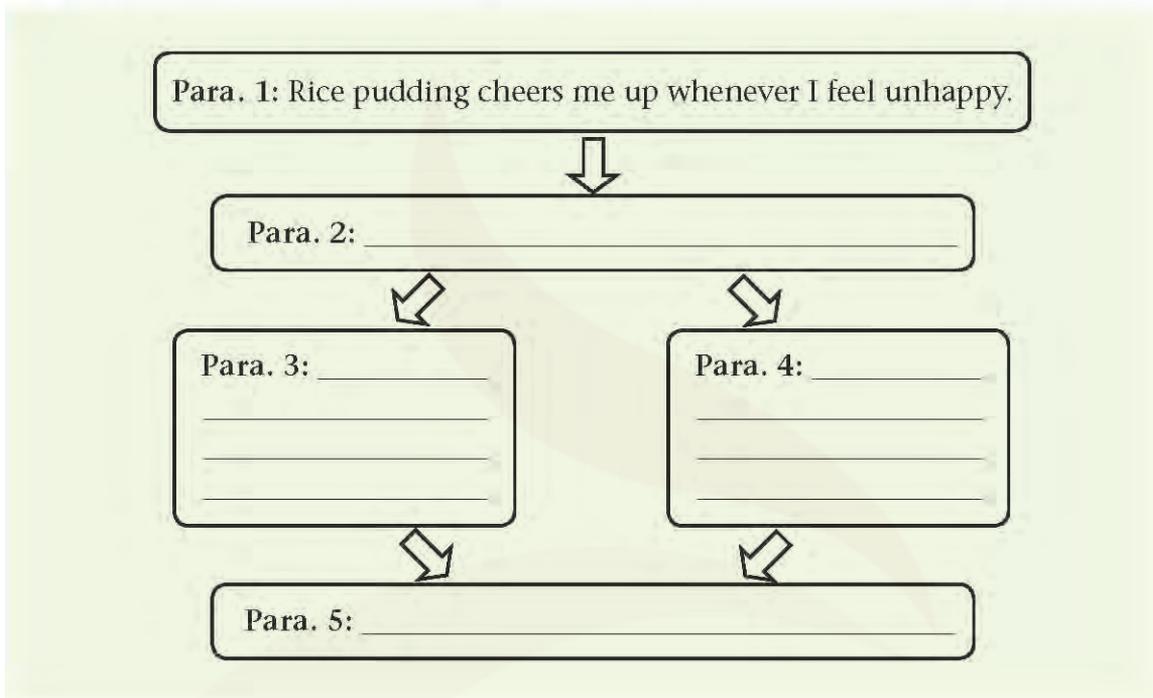
The feeling of happiness and sense of belonging can become particularly important for people who move away from their home country. According to some food  
25 experts, there are some aspects of culture that people will lose right away, but with food, there are more opportunities to connect to memory, family and place. It is hardest to give up the food that you grow up with. Of course, each person's comfort food largely depends on where they come from—for a Chinese it might be a plate of dumplings with a saucer of vinegar, and for a native of the UK it might  
30 be the classic fish and chips, served hot, salty and sour. One mouthful of comfort food takes us back to our cultural roots, giving us the "taste of home" that we cry out for and relieving feelings of homesickness.

That's certainly true for me. Comfort food tastes good and by building an emotional bond with our happy memories, always makes us feel good. It isn't just a  
35 bowl of noodles or chicken soup. It's food for the soul.



## A Understanding the text

**A1** Read the article and complete the chart below with the main idea of each paragraph.



**A2** Read the article again carefully and answer the following questions.

1 What does the author compare the flavour of the rice pudding to in the first paragraph?

\_\_\_\_\_

2 What is comfort food in its broadest sense?

\_\_\_\_\_

3 According to the third paragraph, how does comfort food such as chicken soup cheer us up?

\_\_\_\_\_

4 For people who move away from their home country, what largely determines their comfort food?

\_\_\_\_\_

2/17

### Understanding definitions in a text

In some texts definitions are given to key concepts with such expressions as *refer to*. In some cases, *in a broad sense* or *in a narrow sense* is used to make the definition more accurate.

**A3** In pairs, discuss the following questions.

1 How does the author introduce the topic of comfort food? What do you think of this technique?

2 What foods can remind you of your happy memories? Describe the memories they recall.

3 In your opinion, is there any difference between one's comfort food and favourite food? Give your reasons.

## B Building your language

**B1** The passage below is about a different kind of comfort food. Complete the passage with the correct forms of the words and phrases in the box below.

greedily  
mood

emotion  
dessert

link  
relieve

cry out for  
do the trick

When we are in low spirits, we may (1) \_\_\_\_\_ things that give us comfort and a sense of security. Since it brings back happy memories of the past or offers an opportunity to connect with our home culture, comfort food can often (2) \_\_\_\_\_. However, there is another type of comfort food, which generates positive (3) \_\_\_\_\_ in a different way. Food high in calories may also make us feel better. As (4) \_\_\_\_\_ like cakes are digested, blood sugar levels can go up quickly. As a result, we will be in a better (5) \_\_\_\_\_ after eating the comfort food. However, the sharp increase in blood sugar will cause the body to produce a special chemical to remove it. When the chemical lowers blood sugar levels, we are likely to feel sad again and will (6) \_\_\_\_\_ eat more comfort food. There is then the danger of entering a cycle of highs and lows where more and more comfort food, high in carbohydrates, needs to be eaten. This (7) \_\_\_\_\_ with health problems like being overweight.

Comfort food is an important tool in helping us (8) \_\_\_\_\_ tension and feel good about ourselves. However, be aware of the hidden dangers of high-calorie comfort food!

**B2** The article uses several phrasal verbs with "up". Complete the sentences with the correct forms of the phrasal verbs in the left box. There are two phrasal verbs you do NOT need to use. Then think of more phrasal verbs with "up".

cheer up  
make up for  
give up  
take up  
keep up  
set up  
show up

- 1 I find it hard to \_\_\_\_\_ my energy right after lunch.
- 2 I waited for half an hour, but he never \_\_\_\_\_.
- 3 Let's help \_\_\_\_\_ the stage for the show.
- 4 Have you \_\_\_\_\_ any new hobbies recently?
- 5 The good days can \_\_\_\_\_ the bad ones.

**B3** The article uses different phrases to express "to make sb think of sth" and "to make sb feel better". Find these expressions in the article and improve the sentences below by varying the language.

**Learn this** It is important to vary your language in your writing so that readers do not get bored. To achieve this, you can use words and phrases with similar meanings.

Breakfast is an important meal and what people eat for breakfast is quite different. People from different places and with different eating habits tend to eat different things for breakfast.

# Grammar and usage

## To-infinitives as subjects and predicatives

### A Exploring the rules

Below is a blog entry about eating out and eating at home. Find the sentences that use to-infinitives as subjects or predicatives and fill in the table below. The first ones have been done for you.

Not that long ago, my first thought at mealtimes was to eat at a restaurant. I was eager to try new restaurants. To eat out was also a social activity, allowing me to enhance the relationship with my friends. I often ate out until last month, when I came across a cooking app. There are a variety of recipes in the app to choose from. They are uploaded by users, and offer detailed instructions so that others can follow them step by step. Most of the recipes include photos or videos, which are very useful for beginners. When I picked a popular recipe and gave it a try, I discovered that it was not that difficult to make a simple and tasty dish. In the last few weeks, I've thrown myself into home cooking, from boiling noodles in the pot to frying steak in the pan. I hardly eat out any more. Not only is cooking at home cheaper, but I can cook exactly what I want. It's healthier too. No wonder people say nothing beats home cooking!

Now I am good at cooking a couple of dishes. My plan is to invite my friends over at the weekend to show them my new-found skills. I hope that they will like my cooking!

To-infinitives as subjects	To eat out was also a social activity, ...
To-infinitives as predicatives	..., my first thought at mealtimes was to eat at a restaurant.

### Working out the rules

- When the *to*-infinitive is used as a subject, we usually use the preparatory subject (1) \_\_\_\_\_ at the beginning of the sentence.
- The *to*-infinitive can also be used as a predicative. It usually comes after the verb (2) \_\_\_\_\_.

➡ Grammar notes → page 94

## B Applying the rules

**B1** Rewrite the following sentences using to-infinitives according to the requirements in the brackets.

- 1 The next dish that the cook will prepare is Kung Pao Chicken. (attributive)  
\_\_\_\_\_
- 2 The preparation of home-cooked meals is easy and enjoyable. (subject)  
\_\_\_\_\_
- 3 Her dream is that she will open a restaurant some day. (predicative)  
\_\_\_\_\_
- 4 We will put the potatoes in the pot first in order that they will be cooked quickly. (adverbial of purpose)  
\_\_\_\_\_
- 5 I consider the Soup of the Day as the best option on the menu. (object complement)  
\_\_\_\_\_

**B2** Below is a lifestyle magazine article. Complete the article with the correct forms of the verbs in the brackets.

As long as you are not afraid of heights, you will be impressed by Sky Buffet, the latest restaurant in the city centre. (1) \_\_\_\_\_ (locate) at the top of Tower 88, it gives you an amazing view of the bay. Better still, its entire seating area turns slowly and it is enjoyable (2) \_\_\_\_\_ (see) the scenery outside while having your meal. Since it takes about an hour (3) \_\_\_\_\_ (turn) the full 360 degrees, you are unlikely to get bored with the scenery. If you want to get the most wonderful views, your best bet is (4) \_\_\_\_\_ (sit) by the window an hour before sunset and watch how the sky changes colours. The atmosphere is lively and modern, with its walls (5) \_\_\_\_\_ (paint) white and light blue. Sky Buffet serves a menu full of eye-catching Asian dishes, (6) \_\_\_\_\_ (range) from Chinese food to Japanese food. It will be a good idea (7) \_\_\_\_\_ (invite) your family and friends over for dinner. Sky Buffet is considered by many locals (8) \_\_\_\_\_ (be) the perfect location for a special occasion.

**B3** Imagine your friend has taken you out to dinner at Sky Buffet. Write a thank-you note to your friend, offering to return the favour by inviting him or her to your home for dinner next weekend. Remember to use to-infinitives. Use the expressions below to help you.

### Expressions

I am writing to ...

It was so kind of you to ...

It was wonderful to ...

I have always wanted to ...

I would like/love to ...

My plan is to ...

# Integrated skills

## Introducing your favourite food

**A** Jake's teacher, Mr Guan, is making an announcement about the school Food Festival. Listen and finish the exercises below.



**A1** Listen to the announcement and decide whether the following statements are true (T) or false (F).

- 1 The first school Food Festival took place last year. T / F
- 2 This year's Food Festival will be held on 15 March. T / F
- 3 Students can learn about food from many different countries at the Food Festival. T / F
- 4 Changes can be made to the programme. T / F
- 5 The writing competition will begin on the day of the Food Festival. T / F



**A2** Listen to the announcement again and complete the notes below.

### Events at the Food Festival

#### Cooking classes

Learn how to make different food, e.g. (1) \_\_\_\_\_

#### Food stands

- Present different kinds of food for students to try
- Think of (2) \_\_\_\_\_ and make some food according to it
- Decorate your food stands to (3) \_\_\_\_\_ as many people as possible

#### A writing competition

- The article should be of no less than (4) \_\_\_\_\_.
- You should tell us what your favourite food is and (5) \_\_\_\_\_ more than other foods.
- You should hand in the article before (6) \_\_\_\_\_.

**B** Jake and his friend Amy have written about their favourite foods for the competition. Read their articles and pay attention to the descriptions of food.

## **Mooncakes: a taste that is out of this world!**

By Jake Zhao

Of all the foods I have ever tried, the mooncake is my favourite. There are many versions of mooncakes from different places around China. They have a variety of fillings and among them I love the sweet red bean filling best. I remember trying my first mooncake with my family when I was very little. We sat outside in my grandparents' yard while the full moon shone above us. It was a very special moment. My elderly grandmother still bakes mooncakes for the whole family every year. She can turn the flour and red beans into wonderful mooncakes like magic. When she places them on the table, they look adorable—small, round and shiny golden-brown. The delicious smell soon reaches my nose and my mouth starts to water. When I pick up a mooncake, it feels warm and heavy in my hand. As I take each bite, the sweet and mild flavour of the red bean filling slowly fills my mouth. The mooncake is always my favourite because of its satisfying taste that is out of this world and the happy memories it brings to mind.



## **Tiramisu cheers me up**

By Amy Xu

My favourite food is a popular Italian dessert called tiramisu. I first tried it about two years ago, when I visited a bakery with my parents. Each spoonful of this amazing dessert is a light, creamy experience to remember. There are three layers of the cake and the cheese is between the layers, making the dessert feel soft and smooth. There is also a bitter taste of coffee but this flavour is not very strong. Tiramisu does not look very attractive—it's brown, because of the coffee and dark chocolate, and white, because of the cream and cheese—but all these ingredients make it taste delicious!



Since I tried it for the first time, tiramisu has become my favourite dessert. I have also learnt that the name tiramisu means "cheer me up" in Italian. Whenever I feel unhappy, I eat this dessert and it does make me feel better!

**C** In pairs, talk about your favourite food. Use the following questions to help you.

- What is your favourite food?
- Why do you like it? (How it looks, smells, tastes and feels in your mouth, how you associate it with a particular experience, etc.)

**Tip**

**Using rhetorical questions in conversation**

A rhetorical question is a figure of speech in the form of a question that is asked to emphasize a point or to express feelings and attitudes. For example, when you ask "How can I forget such a tasty dish?", you are actually emphasizing that you always remember the dish.

**D** Write an article about your favourite food. Use your ideas from part C and the information in parts A and B to help you.

**Planning your writing**

• **Learning about the text type**

An article about your favourite food is a piece of descriptive writing which can create a vivid picture in readers' minds through plenty of sensory details.

• **Learning about the structure**

When writing an article about your favourite food, you can follow the structure below:

- State clearly what your favourite food is.
- Mention your experiences of tasting it, especially for the first time.
- Describe the characteristics of the food, such as its appearance, smell, taste and way of cooking.

• **Learning about the language**

When you describe food, you can use adjectives to create an image of the food in the mind of the reader. Adjectives commonly used to describe food include *smelly, bitter, sweet, salty, juicy, creamy, silky, smooth, soft, crisp*, etc.

**Checking your writing**

Remember to check your writing after you finish and exchange drafts between you and your partner. Pay attention to the following aspects:

- |  |  |                                    |
|--|--|------------------------------------|
| <input type="checkbox"/> Punctuation     | <input type="checkbox"/> Spelling                | <input type="checkbox"/> Grammar   |
| <input type="checkbox"/> Choice of words | <input type="checkbox"/> Style (formal/informal) | <input type="checkbox"/> Structure |

**Self-review**

- Do you use adjectives to describe the food? Is your description vivid enough?
- What changes can you make to improve your writing?

**Peer review**

- Does your partner think there are enough sensory details in your writing?
- Which part does your partner find most interesting?

## Extended reading



Read the following entries from the blog of a food critic who is eating his way through traditional Chinese foods.

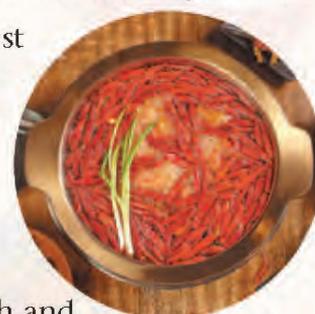
# Eating in China

### 7 March, Sichuan hot pot

The mouth-watering hot pots of Sichuan are as famous overseas as they are in China, and the hot flavour is enough to heat up a cold midwinter evening or to let loose rivers of sweat on a summer afternoon. I gave it my first

5 try last night, together with a few local friends. As the soup bubbled slowly over a gas burner in the middle of the table, its surface was covered with a beautiful layer of chillies, Sichuan peppers, spring onions and red oil. Slowly at first, and then faster and faster, we tipped plates of fresh meat, fish and

10 vegetables into the pot. The hot flavour quickened our laughter and conversation, making the meal the perfect way to relax with friends.



Sichuan hot pots are perfect for the damp, foggy climate in which they were invented. They are believed to have started off in the late Qing Dynasty as a way for boatmen on the Yangtze River to keep warm during the cold and wet winters.

15 In the beginning, the delicious dish was made simply by boiling vegetables, chillies and Sichuan peppers in water. Over time, it has expanded to include multiple options of soups, vegetables, meats and sauces, appealing to people of different tastes. What I love best about Sichuan hot pots is that they offer a great opportunity to socialize with friends since a meal can last for hours. I instantly

20 became a big fan of Sichuan hot pots and I'll soon be back for more!

### 12 August, Nanjing salted duck

Salted duck is Nanjing's most famous food export. Served plain in thin, white slices, the meat is juicy and salty. Each Nanjing salted duck takes several days to

prepare, and the process includes salting, drying, boiling  
25 and cooling. As I finished my first helping on a recent  
afternoon in Nanjing, my host, Chef Zhang, told me a  
little more about the dish.



The countryside around Nanjing has been famous for  
its ducks for centuries; its countless waterways make the area perfect for raising  
30 waterbirds. A local history book from the late Qing Dynasty praised salted duck in  
particular, saying it was without equal. Traditionally, duck is considered to have  
cooling properties, so it is appropriate for the hot summer months. Nowadays,  
people eat salted duck all year round and it is estimated that tens of thousands of  
ducks are consumed every day in Nanjing! It definitely hit the spot when I tried it,  
35 and it has become one of my personal favourites.

### **8 December, Cantonese dim sum**

In Guangzhou, morning tea is such an essential part of the daily routine that “Have  
you had your tea?” has become the local version of “Good morning.” Though  
teahouses have been common in China since the Tang Dynasty, the Cantonese  
40 innovation of the mid-19th century was to serve tea  
together with a variety of light dishes, or dim sum. The  
concept took off, and today Guangzhou’s restaurants  
stimulate customers’ appetite with over a thousand  
offerings, each more delicate and delicious than the last.



45 The Cantonese do not hurry over their breakfasts, as I found when I visited a  
restaurant in Guangzhou’s old city centre this morning. The emphasis is rather  
on conversation about business, family or pleasure, and locals can spend hours  
together chatting, drinking tea and working their way through the menu. From  
beef balls to rice noodle rolls, there are various dishes that have been baked, boiled,  
50 steamed or fried. A single visit is not enough to appreciate everything, and I have a  
long list of dim sum I still need to try.

**A** Write a summary of each of the three traditional Chinese foods.

**B** What dish is popular in your hometown? Introduce it to a foreign traveller. Explain its popularity, history and features.

# Project

## Making a dish

**A** As a class, discuss dishes from around the world or new dishes you would like to create. Then in groups, choose a dish to research.

**B** As a group, research the recipe for your chosen dish. Use the example below to help you.

### Dumplings

#### Main ingredients

500 grams of meat, Chinese cabbage, dumpling wrappers

#### Instructions

- Mix together the meat and the Chinese cabbage.
- Fill the dumpling wrappers with the mixture. Stick the edges of the dumpling wrappers together.
- Boil the dumplings.
- Set the cooked dumplings on a plate and serve with vinegar.

#### Do's

- Before mixing, salt the Chinese cabbage, let it rest for 15 minutes and press out extra water.
- Use water to stick the edges together if necessary.

#### Don'ts

- Don't put the dumplings into the water when it is not boiling.
- Don't overfill the dumplings, or they will fall apart when you boil them.



**C** As a group, make a video or take some photos of how you make the dish. Use the example to help you. Then present your video or photos to the rest of the class.



## Assessment

Answer the following questions to assess your performance. Then work in groups and exchange your answers with your partners.

- 1 Which key characteristics of comfort food can you identify?
- 2 What do you think of your writing about your favourite food? List 2 or 3 sentences that you are the most satisfied with.
- 3 What can you learn from the blog entries to help you introduce a popular dish in your hometown?
- 4 Did you have any difficulty doing the project of this unit? If yes, what was it?
- 5 What new words have you learnt from this unit? List some of them.
- 6 What grammar have you learnt from this unit? Make a sentence with the grammar.
- 7 What tips have you learnt from this unit? Make a list of them.
- 8 How are you going to improve your overall performance? Make an action plan.

Assess your learning of vocabulary and grammar by doing language practice on pages 57–58.

## Further study



*Ratatouille* is an animated film about Remy, a young rat who dreams of becoming a chef in a famous restaurant. His dream is encouraged by the restaurant's original owner, who believes that anyone can cook, but only the fearless can be great. Watch this film and join in Remy's food adventures.



“What Happens in Your Brain When You Taste Food” is a video talk given by neuroscientist Camilla Arndal Andersen. She reveals surprising information about how our brains “taste” food and hopes that her discoveries can help create healthier foods without sacrificing taste. Watch the video talk to find out more about her fascinating research.



# UNIT 2

## The universal language

*Music is the utmost pleasure in life; music is the clear spring of life;  
music is the furnace of temperamental refinement.*

—Xian Xinghai



In this unit, you are going to:

- read two emails by exchange students about their experiences of discovering new music;
- write an article about your favourite singer or band;
- read a magazine article about a classical musician;
- make a profile of an English song.

### Welcome to the unit

Musical instruments come in a wide range of types. Read the posters below about two important musical instruments and the musicians, and discuss the following questions in pairs.

#### Erhu

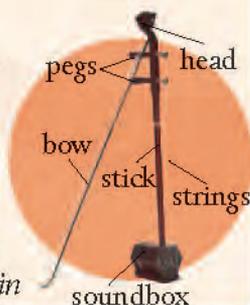
—Invented in China in the Tang Dynasty

##### Hua Yanjun

- Also known as A Bing, a blind *erhu* artist
- Famous for *Moonlight on the Second Spring*

##### Liu Tianhua

- Improved the *erhu* instrument and its performing techniques
- Famous for *Moon Night* and *Birdsong over Empty Mountain*



#### Piano

—Invented in Italy in the early 18th century

##### Wolfgang Amadeus Mozart

- An Austrian composer
- Famous for *Symphony No. 41* (the *Jupiter Symphony*) and *Piano Concerto No. 23*

##### Frédéric François Chopin

- A Polish composer and pianist
- Famous for the *Minute Waltz*



- 1 Search online for the pieces of music mentioned in the posters. How do you feel when listening to them?
- 2 What other musical instruments and famous musical pieces or musicians do you know about?

## Reading



A great way to learn about a new culture is through its music. The emails below are written by two exchange students who are discovering new music in their host countries. Before you read the emails, think about the following questions:

- What information do you think the emails contain according to the subjects?
- Have you watched a music performance live or on TV? What was it like?

# Understanding culture through music

	From	Alice Duncan
	To	Lucy Becker
	Subject	<i>Butterfly Lovers</i>

Hi Lucy,

So glad to get your email. I hope everything is fine with you. Last night, I watched a performance of *Butterfly Lovers*, a beautiful violin concerto composed by He Zhanhao and Chen Gang. It's a piece that really deserves to be heard.

The music took me through the twists and turns of a classic story about a young couple torn apart by their families. When the two lovers, Liang Shanbo and Zhu Yingtai, first meet, the music is light and pleasant, as if whispering to the audience. It is followed by a fast and cheerful section which represents their three happy years of school. Then the music gets dramatic with heavier notes and that is when the lovers are separated because Zhu's father forces her to marry another man. Angry and sad, Liang falls sick and dies. Zhu weeps bitterly over the loss of her love. Overcome with sorrow, she jumps into his grave. Finally, during the most exciting part, the music takes a softer turn and ends on a bittersweet note, telling us how the couple transform into butterflies and fly away to be together forever. It is an amazing journey!

*Butterfly Lovers* combines Chinese and Western musical elements: it is played on Western instruments such as the violin, but more significantly, much of the music has its roots in Chinese Yue Opera. This unique combination has made me realize that music is indeed a universal language. You should definitely listen to *Butterfly Lovers*—I bet you'll like it!

All the best,  
Alice

To Stephen Lin  
From Harry Yu  
Subject Country music

Send

Dear Stephen,

Life here in Nashville is as interesting as I thought it would be. My host family are big fans of country music, so I can always rely on them to introduce me to some great songs. I love learning about country music and I keep asking them questions about it all the time!

It turns out that country music became popular right here in the south of America in the 1940s and then spread across the nation. It grew out of such music types as the blues and folk music, so the musicians use many similar instruments, such as the guitar. The tunes are easy to sing, and the lyrics often leave you deep in thought. Most of the songs are about hardship and heartbreak, but also about hope—with plenty of humour thrown in for good measure. You can feel an emotional connection between you and the musicians.

Country music shows the peaceful green fields and simple life of the countryside. Obviously I don't know what it's truly like to grow up in rural America, but the masters of country music, like John Denver, can make you feel like you're there. The simple tunes and beautiful natural images are often very suggestive of countryside surroundings:

*Almost heaven, West Virginia  
Blue Ridge Mountains, Shenandoah River  
Life is old there, older than the trees  
Younger than the mountains, growing like a breeze  
(From "Take Me Home, Country Roads" by John Denver)*

Why don't you try to listen to some great country music? I guarantee you'll enjoy it!

Best wishes,  
Harry



## A Understanding the text

**A1** Read the emails and write down the main idea of each paragraph.

### Alice's email

Para. 1: I watched a performance of *Butterfly Lovers* last night.

Para. 2: \_\_\_\_\_

Para. 3: \_\_\_\_\_

### Harry's email

Para. 1: \_\_\_\_\_

Para. 2: \_\_\_\_\_

Para. 3: \_\_\_\_\_

Para. 4: You should listen to some country music.

**A2** Read the emails again carefully and complete the notes below.

The violin concerto *Butterfly Lovers* takes us through the story of a young couple (1) \_\_\_\_\_. This beautiful piece of music expresses different moods—first light and pleasant, then (2) \_\_\_\_\_, next dramatic with heavier notes and finally bittersweet. The piece is a perfect combination of Chinese and Western musical elements—it is played on (3) \_\_\_\_\_ such as the violin but has its roots in Chinese Yue Opera.

Country music grew out of such music types as (4) \_\_\_\_\_. It became popular in the south of America in the 1940s and then spread across the nation. The tunes are easy to sing, and the lyrics often leave you deep in thought. Most of the songs are about (5) \_\_\_\_\_. Country music makes you think of the green fields and (6) \_\_\_\_\_.

**A3** In pairs, discuss the following questions.

- 1 The violin concerto *Butterfly Lovers* is a combination of Chinese and Western musical elements. What do you think of this combination?
- 2 What can you know about rural America from "Take Me Home, Country Roads"?
- 3 Both Alice and Harry enjoyed their experiences of music from another culture. What do you think of Alice's opinion that "music is indeed a universal language"?

## B Building your language

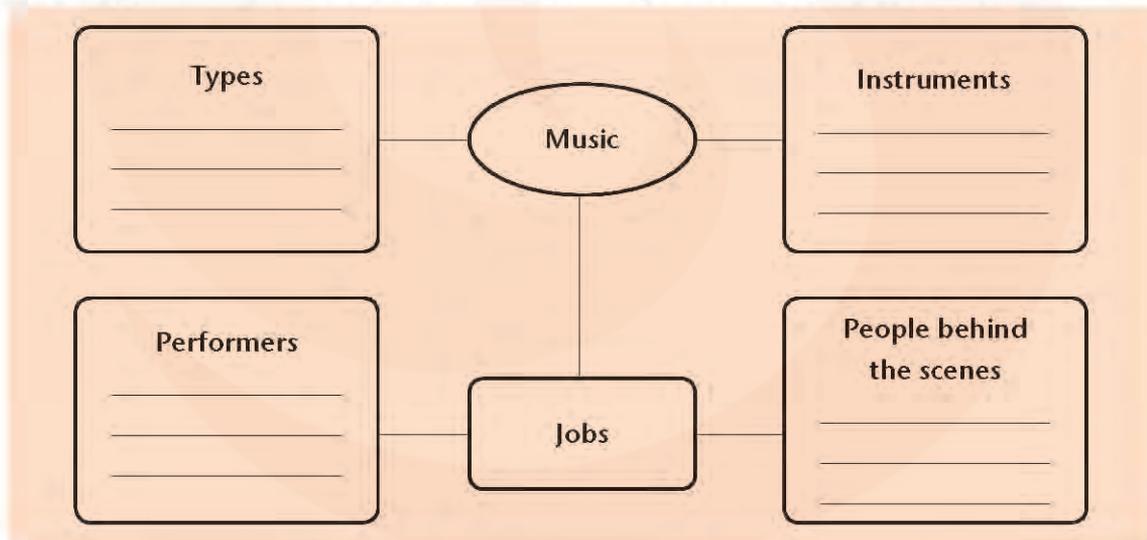
**B1** The passage below is an introduction to a concert. Complete the passage with the correct forms of the words and phrases in the box below.

combine	overcome	transform	rely on
deserve	pleasant	guarantee	for good measure

Music has the power to (1) \_\_\_\_\_ our lives. To give the public more access to music, we will put on a series of free concerts. Music in different styles, from classical to jazz, will be played. You can (2) \_\_\_\_\_ us to show you some of the world's best-known works. The first of these concerts will be held in front of the arch in the downtown square at eight next Friday evening. Come and spend a (3) \_\_\_\_\_ evening with us!

At the concert you will enjoy the *Yellow River Piano Concerto*, one of China's greatest contributions to classical music. Like the violin concerto *Butterfly Lovers*, this piano concerto also (4) \_\_\_\_\_ Chinese and Western musical elements and is well received across the world. The musical piece, an adaptation of Xian Xinghai's *Yellow River Cantata*, tells how the Chinese people, led by the Communist Party of China, fought to (5) \_\_\_\_\_ the Japanese invaders. It consists of four movements: "The Song of the Yellow River Boatmen", "Ode to the Yellow River", "The Yellow River in Anger" and "Defend the Yellow River". The difficult piano solo in particular (6) \_\_\_\_\_ a mention. The concert will end with some short pieces of violin music (7) \_\_\_\_\_. We (8) \_\_\_\_\_ that you will enjoy this concert!

**B2** The emails use some music-related vocabulary. Find the words in the emails and think of more on your own. Complete the chart with as many music-related words as you can.



**B3** Alice uses personification when she describes the violin concerto *Butterfly Lovers*. Find the sentence and describe your favourite piece of music using personification.

**Learn this** With personification, a thing is described like a human being. This way, the description becomes more vivid and interesting, enabling the reader to look at the thing in a new and different way.

## Grammar and usage

### Verb-*ing* forms as subjects and objects

#### A Exploring the rules

Below is a story about a musician and his friend in ancient China. Find the sentences that use verb-*ing* forms as subjects or objects and fill in the table below. The first ones have been done for you.

In China's Spring and Autumn and Warring States periods, there lived a man named Boya, who was a master of the *qin*. Playing the *qin* was his life. He played so well that everyone enjoyed listening to his music and thought highly of his techniques. However, Boya believed no one could understand his music until he met Zhong Ziqi. Boya did not say anything before playing the *qin*, yet Zhong Ziqi was able to paint a picture of great mountain ranges in his mind. When Boya continued playing, Zhong Ziqi said he had heard the sound of a river flowing quickly. In fact, Boya had intended to call the piece *High Mountains and Flowing Water*. Having someone that really understood his music pleased Boya, who never got tired of sharing his music with Zhong Ziqi. The two soon became great friends and before going their separate ways, they agreed to meet at the Mid-Autumn Festival the next year. However, Zhong Ziqi failed to show up on that day. When Boya learnt about Zhong Ziqi's death, he was overcome with sorrow. He played *High Mountains and Flowing Water* in front of Zhong Ziqi's grave. After he finished playing the piece, he destroyed the *qin* and said, "Since the only person that understands my music is gone, it's no use keeping the *qin*."



Verb- <i>ing</i> forms as subjects	Playing the <i>qin</i> was his life.
Verb- <i>ing</i> forms as objects	... everyone enjoyed listening ...

#### Working out the rules

- When the verb-*ing* form is used as the subject of a sentence, we can sometimes use the preparatory subject *it* at the beginning of the sentence.
- The verb-*ing* form can also be used as the object of a (1) \_\_\_\_\_ or a (2) \_\_\_\_\_.

➔ Grammar notes ➔ page 94

## B Applying the rules

**B1** Circle the mistakes and write down the correct forms in the blanks.

- 1 Listen to music is my favourite thing to do. \_\_\_\_\_
- 2 I really enjoy to read biographies of musicians. \_\_\_\_\_
- 3 It's no use try to play the violin if you're not going to give it your best shot. \_\_\_\_\_
- 4 Would you mind to teach me how to play the guitar? \_\_\_\_\_
- 5 These instruments were meant for play traditional Chinese music. \_\_\_\_\_

**B2** Below is an article about the music sent into space. Complete the article with the correct forms of the verbs in the brackets.

If you have to choose music from the Earth to send into space, what music do you think is capable of (1) \_\_\_\_\_ (represent) mankind? The sound of the Chinese *qin* is one answer to this question. In 1977, two spacecraft called *Voyager 1* and *Voyager 2* were sent out (2) \_\_\_\_\_ (explore) the solar system. On both spacecraft, there is a selection of music from our planet. (3) \_\_\_\_\_ (send) music into outer space was the idea of the famous scientist Carl Sagan, who believed intelligent life existed on other planets. The music was intended as a universal language to greet intelligent life in space (if there is any). A group of scientists and artists got down to (4) \_\_\_\_\_ (choose) suitable music. Of course, they had trouble (5) \_\_\_\_\_ (select) which pieces of music to include. In the end, 27 different pieces of music (6) \_\_\_\_\_ (last) 90 minutes were put on the spacecraft. China is represented by a recording of Guan Pinghu (7) \_\_\_\_\_ (play) an ancient piece called *Flowing Water* on the Chinese instrument *qin*. It is said that Boya wrote it.

It took about 40 years for the *Voyager* spacecraft (8) \_\_\_\_\_ (enter) the space between the stars. We do not know what will happen in the end, but maybe the sound of the *qin* will one day be heard on a distant planet.

**B3** In pairs, discuss how traditional Chinese music can be appreciated by a larger audience. Make a list of measures, using verb-ing forms as subjects or objects. Use the example below to help you.

### Example

Holding music festivals will give the public more chances to appreciate traditional Chinese music.

## Integrated skills

### Introducing your favourite singer or band

**A** Jacky is listening to a school radio programme about music. Listen and finish the exercises below.



A1 Listen to the radio programme and decide whether the following statements are true (T) or false (F).

- 1 *Hot Hits and Super Sounds* is being broadcast for the first time. T / F
- 2 The programme lasts for an hour every day. T / F
- 3 Listeners can choose songs to be played for their friends. T / F
- 4 Listeners' stories will be shared on the radio every other week. T / F



A2 Listen to the radio programme again and complete the notes below.

### *Hot Hits and Super Sounds*

#### When is the programme?

At 12 noon every (1) \_\_\_\_\_

#### What is broadcast?

- (2) \_\_\_\_\_ as well as old catchy tunes
- Different types of music, from the blues to jazz, from pop to (3) \_\_\_\_\_
- Stories about (4) \_\_\_\_\_

#### How can listeners take part?

- Let the host know what they want to hear by getting in touch on (5) \_\_\_\_\_
- Share their personal musical journey and be invited to be (6) \_\_\_\_\_

**B** After listening to the radio programme, Jacky has found an article about his favourite band. Read the article and pay attention to its structure.



I remember getting ready for school one morning when the radio presenter announced that he was going to play the latest single by the Beatles. I rushed down the stairs as fast as I could to get nearer to the radio. This was 1965 and the whole country was in a state of "Beatlemania" ... and I was their biggest fan! I turned up the volume and stood staring at the radio, holding my breath and waiting for the first notes of the song.

It was definitely the Beatles. Paul McCartney's voice was unmistakable but the sound was different. When the song had finished, I stood not knowing whether I liked it or not. However, this was not unusual. Different beats, tunes and a combination of different instruments meant that it took time for me to uncover the beauty of the song. Once that happened, I knew I would love the song forever. Yes, I was their biggest fan and I couldn't wait to hear this song again and again until it became my favourite song from my favourite band.

During the 1960s, the Beatles were not just a band; they were a force for change. They exploded onto the music scene in 1962 as four young men with unique haircuts. They immediately grabbed the attention of young people and soon the youth of the country were being swept along on waves of joyous rock and roll music and the hope for a better future.

Today, I have in my collection every disc ever made by the Beatles. I truly love their music and enjoy looking at their musical journey from basic rock and roll, through their experimentation with more complicated and progressive sounds, and then back to the less complicated music of their final records. Whenever I listen to "She Loves You", I am instantly taken back to my teenage years. I can picture my bedroom decorated with posters of the Fab Four smiling down at me and I can see myself riding my bicycle through country lanes singing "yeah, yeah, yeah" at the top of my voice. Yes, the Beatles's music has accompanied me throughout my life. It has helped me look to the future with expectation and now it helps me reflect on my life with quiet satisfaction.

**C** In pairs, talk about your favourite singer or band. Use the following questions and expressions to help you.

- Who is your favourite singer or band?
- What do you like about the singer or band?
- What are your favourite songs by the singer or band? How do you feel when you listen to them?
- What are the highlights of the singer's or band's music career?
- Can you think of a memorable time when you listened to the singer's or band's songs? What was it like?

### Expressions

#### Asking for further information

Could you tell me more about ...?

I wonder if you could say more about ...

I'd like to know more about ... Could you tell me something about that?

I'm really interested in ... Could you tell me a little bit more?

**D** Write an article about your favourite singer or band. Use your ideas from part C and the information in parts A and B to help you.

### Planning your writing

#### • Learning about the structure

When writing an article about your favourite singer or band, you can follow the structure below:

- Give some basic information of your favourite singer or band.
- Introduce the features and influences of the singer's or band's music and explain why you like the singer or band.
- Describe an unforgettable memory related to the singer or band. This can also be put at the beginning of your writing.

#### • Learning about the language

Use words about emotions to tell readers how you feel. Adjectives expressing positive feelings include *amazed, delighted, joyous, overjoyed, cheerful, excited, satisfied, relieved, energetic, calm* and *peaceful*. You might use such words as *lonely, anxious, nervous, bored, depressed, frustrated, upset, worried* and *stressed* when you describe how the music helps you get rid of negative feelings.

### Checking your writing

Remember to check your writing after you finish and exchange drafts between you and your partner. Pay attention to the following aspects:

- |  |  |                                    |
|--|--|------------------------------------|
| <input type="checkbox"/> Punctuation     | <input type="checkbox"/> Spelling                | <input type="checkbox"/> Grammar   |
| <input type="checkbox"/> Choice of words | <input type="checkbox"/> Style (formal/informal) | <input type="checkbox"/> Structure |

#### Self-review

- What mistakes do you find in your writing?
- How can you correct them?

#### Peer review

- What suggestions does your partner give to improve your writing?
- How can you improve your writing?

## Extended reading



Read the magazine article about the great classical musician Ludwig van Beethoven.

# Beethoven: a remarkable life



On 7 May 1824, a crowd of music lovers streamed into a theatre in Vienna to hear the first-ever performance of the great Ludwig van Beethoven's *Symphony No. 9*. The crowd immediately recognized that they were listening to something truly special, and they broke into enthusiastic cheers at the end of the symphony. Beethoven, who was almost completely deaf at this point in his life, was unaware of the audience's response until one of the singers turned him around to face the crowd. Before him, he saw a sea of people all standing, clapping, and waving their hats and handkerchiefs to express their appreciation of his masterwork.

*Symphony No. 9* was Beethoven's last major piece of music in a vast body of works written throughout his remarkable life. As a gifted child, Beethoven was pushed by his father to study music day and night. Not long after, he began to be appreciated for his piano performances. By the time he was a teenager, he had already enjoyed a reputation as a wonderful young musician. Many important figures in the music world, including the brilliant musician Mozart, started making predictions about Beethoven's extraordinary future. However, life took a sharp turn. In his late twenties, Beethoven suffered one of the worst possible twists for a musician: he started to lose his hearing.

The loss of his hearing deeply depressed Beethoven. He was so upset that, at first, he wanted to keep it a secret. In a letter to his brothers, he wrote, "... how could I possibly admit a weakness in the one sense which should be more perfect in

me than in others, a sense which I once possessed in the greatest perfection ...”  
Even in his darkest moments, however, Beethoven never abandoned hope. Despite his hearing loss, he was determined to find a way to continue living a life full of music. He used a variety of hearing aids to try to increase the amount of sound  
25 he could take in. When composing music at the piano, he would put one end of a pencil in his mouth and place the other end against the instrument so that he could feel the notes. Although Beethoven was able to continue composing music, it became increasingly difficult for him to perform in public. When Beethoven presented *Symphony No. 9* in Vienna in 1824, it was his first time on stage in over  
30 ten years.

Since that day, Beethoven's *Symphony No. 9* has become one of the most famous and treasured pieces in the history of classical music. The first movement starts quietly, but all of a sudden the whole orchestra breaks into an energetic theme. You can soon feel the determination—a quality Beethoven understood well because of his  
35 hearing difficulties—coursing through the music. The next two movements are full of desperate lows and uplifting highs which perhaps reflect both his suffering and his strong will to fight it. The music moves through technically difficult sections with ease, showing his genius as a composer. Finally, in the fourth movement, he connects all of the different variations into a joyful chorus.

40 As Beethoven's last great work, his *Symphony No. 9* was also a grand finale to his life—he died less than three years after the concert in Vienna, aged 56. For his amazing achievements and for his determination even in his darkest days, Beethoven is regarded as one of the most remarkable musicians who ever lived.

**A** In pairs, discuss the following questions.

- 1 What is the structure of the article?
- 2 What was the biggest problem Beethoven faced in his life? How did he try to overcome this problem?
- 3 How can you briefly introduce Beethoven's *Symphony No. 9* using the information in the article?

**B** What do you think makes a great musician? Make a list of the qualities and explain why they are important.

#### Tip

##### Identifying flashback in a text

In some texts, the events are not put exactly in time order; instead, an event that happened earlier is put in the middle of the main story, which is called flashback. You can tell you are reading a flashback when the story goes back to the past with a change of scene. There is usually a transitional sentence indicating the change.

## Project

### Making a profile of an English song

**A** As a class, discuss English songs you know and like. Then in groups, choose a song to research.

**B** As a group, research your chosen song. Use the ideas below to help you.

Song				
Background	Singer/Band	Lyrics	Style	Meaning

**C** As a group, put together your information to make your profile. Use the example below to help you. Then present your profile to the rest of the class and sing the song as a group.

## Try Everything



### Basic information

- It is the theme song from Disney's 2016 hit film *Zootopia*.
- It was sung by Shakira, who took on the role of a pop singer named Gazelle in the film *Zootopia*.

### Style

- It combines rhythms from Western and Latin American pop music.
- It has a strong beat and a catchy chorus.

### Meaning

It has an uplifting message about the determination to work hard towards your goals.

## Assessment

Answer the following questions to assess your performance. Then work in groups and exchange your answers with your partners.

- 1 In the exchange students' emails, what shows that music is a good way to learn about culture?
- 2 Did you have any difficulty when you wrote the article about your favourite singer or band? If yes, what was it?
- 3 How does the article about Beethoven's remarkable life inspire you during difficult times?
- 4 While doing the project of this unit, what contribution did you make to your group?
- 5 What new words have you learnt from this unit? List some of them. \*\*
- 6 What grammar have you learnt from this unit? Make a sentence with the grammar. †
- 7 What tip have you learnt from this unit? Provide an example to show how it helps you with your learning.
- 8 How are you going to improve your overall performance? Make an action plan.

\*\* Assess your learning of vocabulary and grammar by doing language practice on pages 63–64.

## Further study



*The Sound of Music* is a musical drama film about how a family strengthen their love for each other through music. This long-lasting classic film is widely known around the world and its catchy songs are still well loved today. Watch it to find out more about this touching story.



*Vie de Beethoven*, a book by Romain Rolland, reveals a lifelike impression of Beethoven. Readers can get to know that Beethoven was a strong and pure man, and that despite all his sufferings, he never gave up and emerged as a conqueror. Read the English version of the book to learn more about the talented musician.



# Workbook

## Unit 1 Food matters

### Exploring language

**A** Fill in the blanks with the correct forms of the words in the brackets.

- 1 The exhibition offers a \_\_\_\_\_ (vary) of modern artworks.
- 2 Jessie took a deep breath, feeling \_\_\_\_\_ (relief) that she had finally solved the troublesome problem.
- 3 The food in my hometown never fails to \_\_\_\_\_ (impression) tourists from around the world.
- 4 Careful cost \_\_\_\_\_ (estimate) is essential to successful project management.
- 5 Tom knew it was dangerous to drive in \_\_\_\_\_ (fog) weather, but he set out all the same.
- 6 The filling of dumplings is usually a \_\_\_\_\_ (mix) of meat, vegetables and seasoning.
- 7 For reasons of \_\_\_\_\_ (secure) the door is always kept locked.
- 8 The length of time needed will depend on a \_\_\_\_\_ (combine) of factors.

**B** Fill in the blanks with the correct forms of the phrases in the box below.

let ... loose

do the trick

in low spirits

take off

throw oneself into

without equal

fall apart

cry out for

- 1 Terry seems to be \_\_\_\_\_ today. Let's go and cheer him up.
- 2 After years of hard work his career began to \_\_\_\_\_.
- 3 Jessie's skill in painting portraits is \_\_\_\_\_ in our class.
- 4 If you want your room to look sweet, a soft warm colour on the walls will \_\_\_\_\_.
- 5 We know a volcano erupts when the forces inside are \_\_\_\_\_, but it is hard to predict when this will happen.
- 6 His world \_\_\_\_\_ when his wife left him.
- 7 The company is \_\_\_\_\_ fresh new talent.
- 8 Since she stopped working as an actress, she \_\_\_\_\_ charity work.

**C** Fill in the blanks with the correct forms of the verbs in the box below.

decide    hear    complete    update    spend    free    look    be    shut    lower

- 1 It is a good idea \_\_\_\_\_ up a word in the dictionary when you are not sure how to use it.
- 2 He left his home, never \_\_\_\_\_ from again.
- 3 Whether to take the train or to fly there is for you \_\_\_\_\_.
- 4 He went out, \_\_\_\_\_ the door behind him.
- 5 The machine doesn't work. Something seems \_\_\_\_\_ wrong with it.
- 6 I still remember the happy days \_\_\_\_\_ with the students from other cities at the summer camp.
- 7 My task is \_\_\_\_\_ the project by the end of the week, so I will be as busy as a bee.
- 8 He stood in shame, his head down and eyes \_\_\_\_\_.
- 9 \_\_\_\_\_ our body of tension, we need to do some sports and relax ourselves.
- 10 It's important for the software \_\_\_\_\_. Otherwise the computer will slow down.

**D** Translate the following sentences into English. Use the words and phrases in the brackets.

- 1 他的房间很简朴，没有华丽的装饰。(plain)
- 2 保护古代建筑是城市规划中必不可少的一部分。(essential)
- 3 旅游业可以为当地人创造许多工作机会。(generate)
- 4 我们的英语老师特别强调学习词汇的重要性，让我们尽可能多背单词。(emphasis)
- 5 我们非常喜欢这样轻松活泼的课堂氛围，课常常不知不觉就结束了。(atmosphere)
- 6 据说有的食物具有缓解压力的特性，有的食物能使人精神振奋。(property; lift one's spirits)
- 7 良好的学习方法可以提高学习效率。(enhance)
- 8 我该怎么弥补失去的时间？唯一的方法是更加努力。(make up for)
- 9 我试着咬了一口，它真的合我口味。(hit the spot)
- 10 我们的音乐老师经常播放优美的歌曲，来激发我们学习音乐的兴趣。(stimulate)

## Building skills

### A Reading and speaking

**A1** People all over the world eat different kinds of noodles. Read the magazine article about the history of noodles and answer the questions below.

People all around the world have enjoyed noodles for thousands of years. But did you ever stop to think: who made the very first noodle? People first started growing wheat and making flour in the Middle East around 10,000 years ago. But no one had ever found a prehistoric noodle—until 2002. Archaeologists discovered an upside-down clay bowl in the ruins of an ancient Chinese village. When they lifted it, they found a 4,000-year-old noodle. This “mummy” noodle was made from millet. Traders brought wheat to China about the time this ancient noodle was cooked. The Chinese eventually mastered the art of stretching wheat dough into long noodles. Today, an expert chef can turn a ball of dough into 3-metre noodles in just minutes.

Some people claim that Marco Polo brought pasta to Italy. The tale says that when he visited China, he tried noodles for the first time and liked them so much that he took the recipe home. But it is probably not true! In fact, it was likely made up by an American magazine to try to get Americans to eat more pasta. According to Marco Polo, wheat was used for making thin noodles, not bread, in China. Since Marco Polo described Chinese noodles by comparing them to Italian noodles, it is clear that in Marco Polo’s Italy, noodles were already on the menu.

So, if Marco Polo did not bring noodles to Italy, who did? The oldest written mention of pasta outside China comes from the Middle East, about 1,600 years ago. The text describes how to eat dried noodles, a popular travel food in the Middle East and Central Asia. Dried noodles were perfect for long trips. They were tasty, easy to carry, and never went bad. Some historians believe that dried noodles spread out from the Middle East or Central Asia. Traders packed their noodles and travelled to other parts of the world. Wherever they got the recipe, Italians were eating pasta long before Marco Polo.

So who REALLY invented noodles? We may never know—the history of noodles is as twisted as a bowl of spaghetti. But whoever invented them, we’re sure glad they did!

- 1 What does the underlined word “Archaeologists” in the first paragraph mean?
- 2 Why were dried noodles a popular travel food?

**A2** In pairs, role-play a conversation between a Chinese student and an exchange student who wants to try different kinds of Chinese noodles in a food court. Use the example below to help you and pay attention to the expressions in bold.

**A:** Wow, this food court is really big. Can you recommend me a typical Chinese noodle dish?

**B:** There are many kinds of noodles to choose from. Over here, you can get a famous dish from the north-western part of China—it's called *Lanzhou lamian*. As you can see, these are **hand-pulled** noodles in a **rich** beef soup.

**A:** That looks delicious—the colour of the soup is really **appetizing**!

**B:** There are some **mouth-watering** fried rice noodles over here. This dish is called *chao mixian*. It's from Yunnan, in the south-west of China. These rice noodles are quite **chewy**.

**A:** It's going to be really hard to choose what to eat. What are those wide noodles over there?

**B:** That's a dish called *liangpi*. It's a kind of cold noodles made from flour. It's a **speciality** of Shaanxi Province.

**A:** I see. The sauce looks too **spicy** for me, though.

**B:** Yes, and the flavour is quite **acid** as well. It contains lots of vinegar. Maybe you should try these Shanghai-style cold noodles in a **sweet and creamy** peanut sauce. It's a **light** dish, perfect for a hot day like this.

**A:** Good idea. I'll try it!

## B Listening and writing



**B1** The award-winning chef Paul Martin is speaking on the radio about his food journey. Listen to the conversation and decide whether the following statements are true (T) or false (F). Circle the incorrect information in the false statements and correct it in the blanks.

1 Paul has been interested in food since the age of 16. T / F

2 Paul's grandmother encouraged him to apply to a cooking school in Paris. T / F

3 Paul's grandmother used to be a cook. T / F

4 Paul learnt how to hold a knife correctly at school. T / F

5 When he started attending the cooking school, Paul knew more than the other students. T / F

6 Paul became the head chef of a famous restaurant five years after leaving school. T / F



**B2** Listen to Paul Martin speaking at the opening of his new restaurant and complete the notes below.

### New restaurant opens in Avignon

#### Name

- Chez Paul or “(1) \_\_\_\_\_”
- The chef gave his restaurant this name because he wanted people to feel as if they were (2) \_\_\_\_\_.

#### Location

- Just off the (3) \_\_\_\_\_ of Avignon
- The chef chose Avignon because it was home to (4) \_\_\_\_\_.

#### Menu

- A combination of (5) \_\_\_\_\_ and modern cuisine
- Paul’s signature recipes (6) \_\_\_\_\_ by his grandmother and the cooking school

#### Seating

- Altogether (7) \_\_\_\_\_ tables
- Two tables for walk-ins, which cannot be (8) \_\_\_\_\_

**B3** If you are given the chance to open a restaurant of your own, what kind of restaurant will you open? Write an article introducing your restaurant.

Title: \_\_\_\_\_

I would like to open \_\_\_\_\_

\_\_\_\_\_

The target customers are \_\_\_\_\_

\_\_\_\_\_

The menu will consist of \_\_\_\_\_

\_\_\_\_\_

What is special about this restaurant is that \_\_\_\_\_

\_\_\_\_\_

## Appreciating language



Food is an important part of festivals. Read aloud the excerpt below about a poor family having a Christmas dinner.

There never was such a goose. Bob said he didn't believe there ever was such a goose cooked. Its tenderness and flavour, size and cheapness, were the themes of universal admiration. It was a sufficient dinner for the whole family; indeed, as Mrs Cratchit said with great delight (surveying one small atom of a bone upon the dish), they hadn't eaten it all at last! Yet every one had had enough, and the youngest Cratchits, in particular, were steeped in sage and onion to the eyebrows! But now, the plates being changed by Miss Belinda, Mrs Cratchit left the room alone—too nervous to bear witnesses—to take the pudding up, and bring it in.

Suppose it should not be done enough! Suppose it should break in turning out! Suppose somebody should have got over the wall of the backyard and stolen it, while they were merry with the goose—a supposition at which the two young Cratchits became furious! All sorts of horror were supposed.

Hallo! A great deal of steam! The pudding was out of the copper. A smell like a washing day! That was the cloth. A smell like an eating-house and a pastry cook's next door to each other, with a laundress's next door to that! That was the pudding! In half a minute Mrs Cratchit entered—flushed, but smiling proudly—with the pudding, like a speckled cannonball, so hard and firm, blazing in ignited brandy, and decorated with Christmas holly stuck into the top.

Oh, a wonderful pudding! Bob Cratchit said, and calmly too, that he regarded it as the greatest success achieved by Mrs Cratchit since their marriage.

Mrs Cratchit said that, now the weight was off her mind, she would confess she had her doubts about the quantity of flour. Everybody had something to say about it, but nobody said or thought it was at all a small pudding for a large family. Any Cratchit would have blushed to hint at such a thing.

(Adapted from *A Christmas Carol*, by Charles Dickens)

## Unit 2 The universal language

### Exploring language

**A** Fill in the blanks with the correct forms of the words in the brackets.

- 1 William apart, none of them seems \_\_\_\_\_ (suit) for the job.
- 2 Some classics are still greatly enjoyed and remind us of the \_\_\_\_\_ (distance) past.
- 3 Sometimes it's hard to live up to the \_\_\_\_\_ (expect) of our parents.
- 4 Jack has made \_\_\_\_\_ (remark) progress in English since last year.
- 5 The \_\_\_\_\_ (compose) is one of the frequent visitors to our town.
- 6 The teachers are highly \_\_\_\_\_ (enthusiasm) about their work.
- 7 \_\_\_\_\_ (determine), courage and confidence are important qualities if you want to succeed.
- 8 Teachers need to be aware that students might be \_\_\_\_\_ (gift) in different ways: some are good at language while others at science.

**B** Fill in the blanks with the correct forms of the phrases in the box below.

rely on	sweep along	take a sharp turn	throw in
consist of	all of a sudden	get down to	twists and turns

- 1 Let's \_\_\_\_\_ business right away—we'll stop for coffee later.
- 2 You can have the sofa for \$800 and I'll \_\_\_\_\_ the table as well.
- 3 Everyone experiences some \_\_\_\_\_ in life, which is not necessarily a bad thing.
- 4 Nowadays people increasingly \_\_\_\_\_ computers for work, for study and for entertainment.
- 5 My routine diet \_\_\_\_\_ fruit, milk, vegetables and rice.
- 6 We were all \_\_\_\_\_ by his enthusiasm and decided to join him.
- 7 A decade ago the economy in that country \_\_\_\_\_ for the worse.
- 8 \_\_\_\_\_ all the lights in the room went out.

**C** Fill in the blanks with the correct forms of the verbs in the box below.

repair volunteer go be see change recognize watch protest come

- 1 \_\_\_\_\_ offers us a chance to help those in need.
- 2 We all think the sofa is perfect but he is considering \_\_\_\_\_ it.
- 3 It's quite hot today. Do you feel like \_\_\_\_\_ for a swim?
- 4 There's no use \_\_\_\_\_. I won't change my mind.
- 5 \_\_\_\_\_ kind and understanding is an important aspect of effective communication.
- 6 What I have to do now is \_\_\_\_\_ my computer.
- 7 I know ball games are good for health, but I prefer \_\_\_\_\_ football to playing it.
- 8 \_\_\_\_\_ as different from other kids when I was very young had an effect on my later life.
- 9 We are going to have a party at the weekend to celebrate New Year and we are looking forward to your \_\_\_\_\_.
- 10 Many famous people wear sunglasses so that they can go to public places without \_\_\_\_\_.

**D** Fill in the blanks with proper words or the correct forms of the words in the brackets.

Days before the "Top 10 Singers" competition, I was making <sup>(1)</sup> \_\_\_\_\_ (predict) about who might win. Everyone was preparing for it. The competitors from my class grabbed every chance to practise, and some even <sup>(2)</sup> \_\_\_\_\_ (composer) their own music!

The great day came. The singers from each class performed their songs. Some of them were <sup>(3)</sup> \_\_\_\_\_ (company) by a friend on the piano or guitar. Most of the songs were <sup>(4)</sup> \_\_\_\_\_ the pop style. Some were <sup>(5)</sup> \_\_\_\_\_ (adapt) of traditional songs. Some were simple songs <sup>(6)</sup> \_\_\_\_\_ some were rather complicated. The singing was beautiful and two hours <sup>(7)</sup> \_\_\_\_\_ (be) gone before we realized it. Ten students were selected as the top singers of our school, but I think every one of us deserved a prize for our efforts.

The competition was <sup>(8)</sup> \_\_\_\_\_ (ordinary) successful. It was great fun and we all enjoyed it. More importantly, such activities reflected our dreams and our passion and transformed our understanding of life.

## Building skills

### A Listening and speaking



**A1** Tom is listening to the radio programme Opera Hour introducing Aida. Listen to the programme and number the events in the order they happen in Aida.

- \_\_\_\_\_ Radames asks the Egyptian king not to kill the Ethiopians.
- \_\_\_\_\_ Radames helps Aida and her father escape.
- \_\_\_\_\_ The Ethiopian king and his army go to Egypt.
- \_\_\_\_\_ Aida is taken to Egypt.
- \_\_\_\_\_ The Egyptian army wins the battle.
- \_\_\_\_\_ The Egyptians start preparing for the wedding.
- \_\_\_\_\_ The Egyptian king orders Radames to stop the Ethiopian army.
- \_\_\_\_\_ Radames is ordered to marry the Egyptian king's daughter.



**A2** Tom has seen the opera Aida and is talking to his mum about it. Listen to their conversation and complete the notes below.

#### *Aida*

##### Theatre

The theatre was (1) \_\_\_\_\_.

##### Performance

- The singers' voices were (2) \_\_\_\_\_ and emotional. The lady who played Aida sang for (3) \_\_\_\_\_ hours.
- The performers acted so well and (4) \_\_\_\_\_.

##### Music

The musicians were fantastic. I was swept away by the music.

##### Set

- The stage was pretty special. The 3-D technology made (5) \_\_\_\_\_.
- I was actually a little (6) \_\_\_\_\_ during the battle scenes.

##### Story

- The most impressive part was that Radames had to make a difficult choice between (7) \_\_\_\_\_.
- The ending was so moving that some people in the audience (8) \_\_\_\_\_.

**A3** Have you attended or watched any musical performance, such as a concert, a musical or an opera? In pairs, talk about your experiences. Use the example below to help you and pay attention to the expressions in bold.

**A:** What did you think of the New Year's concert?

**B:** Although I don't usually listen to classical music, I really enjoyed it. I had never seen a symphony orchestra before! **The members of the orchestra** were highly skilled musicians. They looked very serious at first, but they were clearly having lots of fun when they played the fast pieces.

**A:** What pieces did they play?

**B:** The theme of the concert was "French composers". **They began with a piece by** Claude Debussy called *La Mer*. It's about the sea, and I felt as if I were out on the sea when listening.

**A:** Interesting. What else did they play?

**B:** The second piece was called *Boléro*, and **it was composed by** Maurice Ravel. **The beginning of the piece** was very simple: **all I could hear** was a drum beating out a steady rhythm. After a short while, the drum was joined by a flute. I thought it was boring at first because they kept playing the same melody over and over. However, **the music gradually** became louder and louder, and **the ending** was incredibly powerful!

**A:** Wow, that sounds amazing. **What did you like best about the concert?**

**B:** The last piece they played! It was from the opera *Carmen* by Georges Bizet. That was really exciting and everyone at the concert loved it!

## **B Reading and writing**

**B1** Austria is famous for its long musical tradition. Read the magazine article about music in Austria and answer the questions below.

What comes to your mind when you think of music in Austria? You might think of classical composers, such as Mozart. Or you might remember the film *The Sound of Music*, whose story takes place in Austria. But Austrian music started off quite differently.

One of the earliest types of Austrian music may not seem like music at all. Yodelling is a form of yelling that alternates in pitch between low and high. It is thought to have begun as a way for animal herders in the mountains to communicate or to call their animals. Even today, yodelling is often used in other kinds of music, including pop, rock and country music.

However, Austria is best known for its many famous classical composers. In the 18th and 19th centuries, the Austrian royal family were patrons of the arts, and they drew many musicians to Vienna. The city soon became known as a centre for musical innovation and performance. Composers such as Wolfgang Amadeus Mozart, Ludwig van Beethoven, Johann Strauss II and



## Appreciating language



*Ludwig van Beethoven got much comfort from his friends when he was in depression. Read aloud the letter below that Beethoven wrote to his friend Amenda.*

My dear, my good Amenda, my warm-hearted friend,

I received and read your last letter with deep emotion, and with mingled pain and pleasure. How often I wish that you were with me, for your Beethoven is very unhappy. You must know that one of my most precious faculties, that of hearing, has become very defective. Even while you were still with me I felt indications of this, though I said nothing; but it is now much worse. Whether I shall ever be cured remains yet to be seen; it is supposed to proceed from the state of my digestive organs, but I am almost entirely recovered in that respect. I hope indeed that my hearing may improve, but I scarcely think so, for attacks of this kind are the most incurable of all. How sad my life must now be!

To my great comfort, a person has returned here with whom I can enjoy the pleasures of society and disinterested friendship—one of the friends of my youth. I have often spoken to him of you, and told him that since I left my fatherland, you are one of those to whom my heart specially clings.

Oh! How happy I would be if I had my full sense of hearing! I would then rush to visit you; whereas, as it is, I must withdraw from everything. My best years will thus pass away, without effecting what my talents and powers might have enabled me to perform. How melancholy the resignation is! I had determined to rise superior to all this, but how is it possible?

If in the course of six months my illness be pronounced incurable then, Amenda! I shall appeal to you to leave all else and come to me, when I intend to travel, and you must be my companion. You will not, I know, refuse my request; you will help your friend to bear his burden and his suffering. I duly received all your letters, and though I did not reply to them, you were constantly present with me, and my heart beats as tenderly as ever for you. I beg you will keep the fact of my deafness a profound secret, and not confide it to any human being. Write to me frequently; your letters, however short, comfort and cheer me, so I shall soon hope to hear from you.

Your faithful and truly attached

L. V. Beethoven

# Appendices

## Text notes

### Unit 1

- 1 Food is as fundamental to man as the people are to the state. —Chen Shou (page 1)  
国以民为本,民以食为天。——陈寿  
该句出自三国及西晋时期史学家陈寿(233—297)的《三国志·吴书十六·潘濬陆凯传》。这句话说明了食物在人们生活中发挥着重要的作用。
- 2 Sometimes the smell alone can do the trick, not to mention the lovely creamy flavour, which works like a time machine immediately transporting me back to my sunny childhood. (page 2, lines 3–5)  
有时只是闻到气味就有这种效果,更不用说那美妙的奶油的味道了,这种味道就像一台时光机,立刻把我带回阳光灿烂的童年。
  - (1) 句式结构上, not to mention 引出附加成分, which 引导一个非限制性定语从句,修饰 the lovely creamy flavour, 后面 transporting me back to my sunny childhood 作为后置定语修饰名词短语 a time machine。
  - (2) 句中 do the trick 意为“奏效,起作用,达到目的”。如:  
A bit more sugar should do the trick.  
再加一点糖应该就可以了。
- 3 I take my time over every spoonful, gently rolling the silky dessert around my mouth and enjoying the perfect marriage of rice and milk. (page 2, lines 8–9)  
我细细品尝每一勺,让丝滑的甜点在我的口中轻轻转动,享受米糊和牛奶的完美融合。句中 take one's time over sth 意为“慢慢做……,从容不迫地做……”,其他常用表达还有 take one's time to do sth/doing sth。如:  
I like to take my time over breakfast.  
我喜欢慢慢享用早餐。
- 4 Of course, each person's comfort food largely depends on where they come from—for a Chinese it might be a plate of dumplings with a saucer of vinegar, and for a native of the UK it might be the classic fish and chips, served hot, salty and sour. (page 3, lines 27–30)  
当然,每个人的治愈系食物在很大程度上取决于他们来自哪里——对于中国人来说,它可能是一盘饺子,配上一碟醋,而对于土生土长的英国人来说,就可能是一份经典的炸鱼薯条,热腾腾地端上来,吃起来咸中带酸。

炸鱼薯条源自英国,顾名思义,它是由炸鱼和薯条两部分组成的,吃的时候还会配上不同口味的调味料。炸鱼薯条常作为外带食品,最早一般用旧报纸包装,现在基本用白纸或者纸盒包装。炸鱼薯条在英国十分受欢迎,被视为英国的一个文化符号。

- 5 One mouthful of comfort food takes us back to our cultural roots, giving us the “taste of home” that we cry out for and relieving feelings of homesickness. (page 3, lines 30–32)

吃一口治愈系食物让我们回到自己的文化根源,带来我们迫切需要的“家的味道”,以解思乡之情。

- (1) 句中 cry out for 意为“迫切需要”。如:

Many schools in the countryside are crying out for good English teachers.  
许多乡村学校迫切需要优秀的英语教师。

- (2) 句中 relieve 意为“缓和,减轻”。如:

Listening to music can help relieve stress.  
听音乐有助于缓解压力。

- (3) 句中 homesickness 意为“乡愁,思乡”。如:

He greatly suffered from homesickness during his first few months abroad.  
出国头几个月他特别想家。

- 6 To eat out was also a social activity, allowing me to enhance the relationship with my friends. (page 6)

外出吃饭也是一种社交活动,让我可以加强我和朋友们的关系。

句中 enhance 意为“提高,增进”。如:

This sauce will enhance the flavour of the turkey.  
这种调味汁会使火鸡肉更具风味。

- 7 As I take each bite, the sweet and mild flavour of the red bean filling slowly fills my mouth. (page 9)

我每咬一口,唇齿间渐渐充满红豆沙馅料的的味道,甜而不腻。

句中 mild 意为“清淡的,不浓烈的”,mild 还可以表示“(气候)温和的”的意思。如:

This dish is characterized by its pleasant, mild flavour.  
这道菜的特点是味道清淡可口。

The area had a mild winter last year.  
该地区去年冬天很暖和。

- 8 Sichuan hot pots are perfect for the damp, foggy climate in which they were invented. (page 11, lines 12–13)

四川火锅非常适合其发源地潮湿多雾的气候。

- (1) 四川盆地属亚热带季风气候,太阳照射较少,自古就有“蜀犬吠日”之说,且空气潮湿,吃火锅可以祛除体内湿气。

(2) 句中 *damp* 意为“潮湿的,湿气重的”。如:

*The winter in our city is cold and damp.*

我们城市冬天寒冷潮湿。

9 Served plain in thin, white slices, the meat is juicy and salty. (page 11, lines 22–23)

鸭肉简单地切成白白的薄片端上来,肉质多汁且带有咸味。

句中 *plain* 意为“不修饰的,朴素的,简单的”, *plain* 还可以表示“清楚的,明显的,浅显的”的意思。如:

*She preferred clothes that were plain but elegant.*

她更喜欢朴素而雅致的衣服。

*The meaning of the article is plain to see.*

这篇文章的意思一目了然。

10 As I finished my first helping on a recent afternoon in Nanjing, my host, Chef Zhang, told me a little more about the dish. (page 12, lines 25–27)

最近一天下午,我在南京吃完我的第一份(盐水鸭)后,招待我的张大厨向我介绍了更多有关这道菜的事情。

句中 *helping* 意为“(食物的)一份,一客”。如:

*She asked for a double helping of ice cream.*

她点了双份冰激凌。

11 It definitely hit the spot when I tried it, and it has become one of my personal favourites. (page 12, lines 34–35)

我尝了盐水鸭,真的太对我胃口了,(现在)它已经成了我最喜欢的食物之一。

句中 *hit the spot* 意为“发挥正当作用,适得其用,恰到好处”。如:

*I was dying of thirst, and that cup of ice tea hit the spot.*

我渴得要命,那杯冰茶正好解渴。

12 The concept took off, and today Guangzhou's restaurants stimulate customers' appetite with over a thousand offerings, each more delicate and delicious than the last. (page 12, lines 41–44)

这个观念流行起来,如今广州的各家餐厅用一千多种点心使食客们胃口大开,一道更比一道精致、美味。

(1) 句中 *stimulate* 意为“促进,激发”。如:

*His interest in reading was stimulated by his parents.*

他对阅读的兴趣是他的父母激发的。

(2) 句中 *delicate* 意为“精致的”, *delicate* 还可以表示“易损的,易碎的,脆弱的”的意思。如:

*The food is served on a delicate plate with a beautiful pattern of flowers.*

食物盛在一个带有漂亮花朵纹饰的精致盘子里端上来。

Tourists often disturb the delicate balance of nature on the island.

观光客常常扰乱岛上脆弱的自然生态平衡。

- 13 The emphasis is rather on conversation about business, family or pleasure, and locals can spend hours together chatting, drinking tea and working their way through the menu. (page 12, lines 46–48)

重点而是在谈生意、话家常或消遣,当地人可以花好几个小时聚在一起聊天、喝茶,慢慢吃遍菜单上所有的点心。

- (1) 句中 *emphasis* 意为“重点,强调”。如:

He places great emphasis on time management.

他非常重视时间管理。

- (2) 句中 *work one's way through* 意为“自始至终做……”。如:

The board are still working their way through the application forms.

委员会仍在审阅所有申请表。

## Unit 2

- 1 Music is the utmost pleasure in life; music is the clear spring of life; music is the furnace of temperamental refinement. — Xian Xinghai (page 15)

音乐,是人生最大的快乐;音乐,是生活中的一股清泉;音乐,是陶冶性情的熔炉。

——洗星海

该句出自中国近代著名音乐家洗星海(1905—1945)。这句话意在说明音乐可以带来愉悦,放松身心,陶冶情操。

- 2 *Erhu* (page 15)

二胡是一种中国传统拉弦乐器,基本构造包括琴头(head)、琴轴(peg)、琴弓(bow)、琴杆(stick)、琴弦(string)、琴筒(soundbox)等。

- 3 *Piano* (page 15)

钢琴是一种键盘乐器,基本构造包括琴盖(lid)、琴弦(string)、键盘(keyboard)、踏板(pedal)等。

- 4 Last night, I watched a performance of *Butterfly Lovers*, a beautiful violin concerto composed by He Zhanhao and Chen Gang. (page 16, lines 2–4)

昨晚,我看了《梁祝》的演出,这是一首优美的小提琴协奏曲,由何占豪和陈钢创作。

- (1) 小提琴协奏曲《梁祝》是何占豪与陈钢的作品,1959年5月首演并获得广泛好评。它综合采用交响乐与我国民间戏曲音乐表现手法,以“草桥结拜”“英台抗婚”“坟前化蝶”三个情节为主要内容,整部音乐作品一气呵成,极富感染力。

- (2) 句中 *compose* 意为“作曲,创作(音乐)”,*compose* 还可以表示“组成,构成”的意思。如:

He composed a large number of fine musical pieces in his lifetime.

他一生创作了大量优美的乐曲。

The team is composed of ten top engineers.

该团队由十位顶级工程师组成。

- 5 The music took me through the twists and turns of a classic story about a young couple torn apart by their families. (page 16, lines 6-7)

这首乐曲带着我体验了一个跌宕起伏的经典故事,故事讲的是一对被双方家庭拆散的年轻情侣。

- (1) 句中 *twists and turns* 意为“(故事或情况的)转折,转变,突然变化”。如:

The story has many unexpected twists and turns.

这则故事有许多意想不到的转折。

- (2) 句中 *tear apart* 意为“使(关系亲密的人)分离,分开”。如:

They believe nothing can tear them apart.

他们相信什么都不能让他们分开。

- 6 Overcome with sorrow, she jumps into his grave. (page 16, lines 13-14)

她悲痛欲绝,于是跳进了梁山伯的坟墓。

- (1) 句中 *overcome* 意为“受到……的极大影响”,*overcome* 还可以表示“克服,解决”的意思。如:

Overcome with curiosity, he opened the box.

他在好奇心的驱使下打开了盒子。

I found it very hard to overcome my fear of flying.

我发现很难克服乘坐飞机的恐惧。

- (2) 句中 *sorrow* 意为“悲伤,悲痛,悲哀”。如:

His death brought great sorrow to everyone who knew him.

他的去世让所有认识他的人都悲痛万分。

- 7 At the concert you will enjoy the *Yellow River Piano Concerto*, one of China's greatest contributions to classical music. (page 19)

你将在音乐会上欣赏到《黄河钢琴协奏曲》,这首协奏曲是中国对古典音乐的最大贡献之一。

《黄河钢琴协奏曲》是我国最具影响力的钢琴协奏曲之一,改编自抗日战争时期的救亡歌曲《黄河大合唱》。这部钢琴协奏曲以抗日战争为背景,以黄河象征中华民族,运用了古典钢琴协奏曲的表现手法,融入了船夫号子等中国民间传统音乐元素。作品饱含激情,自诞生以来激励了几代中国人拼搏奋进。

- 8 It consists of four movements: “The Song of the Yellow River Boatmen”, “Ode to the Yellow River”, “The Yellow River in Anger” and “Defend the Yellow River”. (page 19)

它由四个乐章组成：《黄河船夫曲》《黄河颂》《黄河愤》《保卫黄河》。

句中 *consist of* 意为“由……组成，由……构成”，不用于进行时态。如：

*The group consists mainly of teenage students.*

该小组主要由十几岁的学生组成。

- 9 This was 1965 and the whole country was in a state of “Beatlemania” ... and I was their biggest fan! (page 23)

当时是 1965 年，整个国家都处在“披头士热”中……而我是他们的头号歌迷！

句中 *Beatlemania* 是新闻媒体用于形容披头士乐队（又称甲壳虫乐队）一次演出的标题，这个词很快被广大歌迷记住，并用来表达对披头士乐队的疯狂喜爱之情。

*Beatlemania* 由 *Beatle* 和 *mania* 组成，*mania* 意为“热衷，狂热，癖好”。如：

*He had a mania for stamp collecting.*

他热衷于收集邮票。

- 10 They immediately grabbed the attention of young people and soon the youth of the country were being swept along on waves of joyous rock and roll music and the hope for a better future. (page 23)

他们立刻吸引了年轻人的注意，欢快的摇滚乐和对更美好未来的期望引发一阵阵浪潮，很快就席卷了全国的年轻人。

(1) 句中 *grab* 意为“引起注意，吸引”，*grab* 还可以表示“抓住，攫取”的意思。如：

*This issue soon grabbed the headlines.*

这个问题很快就上了各大报纸的头条。

*He grabbed the rope and gave it a sharp pull.*

他抓住绳子，用力猛地一拉。

(2) 句中 *sweep along* 意为“使深受影响，使醉心”，也可以说 *sweep away*，一般用于被动语态。如：

*We humans cannot help being swept along by the force of our emotions.*

我们人类总是被自己情感的力量所驱使。

- 11 On 7 May 1824, a crowd of music lovers streamed into a theatre in Vienna to hear the first-ever performance of the great Ludwig van Beethoven's *Symphony No. 9*. (page 25, lines 1-2)

1824 年 5 月 7 日，一群音乐爱好者涌入维也纳一家剧院，去听伟大的路德维希·凡·贝多芬《第九交响曲》的首场演出。

句中 *stream* 意为“鱼贯而行，一个接一个地移动”。如：

*People streamed past us.*

人们从我们身旁涌过。

- 12 By the time he was a teenager, he had already enjoyed a reputation as a wonderful young musician. (page 25, lines 12-13)

他少年时就被誉为一名出色的年轻音乐家。

句中 *reputation* 意为“名望,声誉”。如:

*He gained a reputation for his devotion to charity work.*

他因投身慈善事业而赢得声誉。

- 13 You can soon feel the determination—a quality Beethoven understood well because of his hearing difficulties—coursing through the music. (page 26, lines 33–35)

很快你就能感受到这种贯穿在音乐中的决心,这是贝多芬因自己的听力问题而深刻体会到的品质。

句中 *course* 作动词,意为“快速地流动,奔流”。如:

*He turned around and tears coursed down his cheeks.*

他转过身,眼泪顺着他的脸颊流了下来。

- 14 The music moves through technically difficult sections with ease, showing his genius as a composer. (page 26, lines 37–38)

这首乐曲将技术上棘手的部分处理得轻松自如,显示出他作为作曲家的天赋。

- (1) 句中 *with ease* 意为“轻松地,不费力地”。如:

*Jenny is always able to pass her exams with ease.*

珍妮总是能够轻松通过考试。

- (2) 句中 *genius* 意为“天才,天赋,天资”。如:

*He is a writer of genius and his novels are quite widely read.*

他是一位天才作家,创作的小说读者甚众。

- 15 Finally, in the fourth movement, he connects all of the different variations into a joyful chorus. (page 26, lines 38–39)

最后,在第四乐章中,他把所有不同的变奏连接成欢乐的合唱。

《第九交响曲》又被称为《合唱交响曲》,正是因其第四乐章中加入了大型合唱,合唱的歌词来自德国著名诗人席勒(Schiller)的《欢乐颂》,这部分是整个交响乐的高潮。贝多芬早年读到席勒的《欢乐颂》时,就产生了用音乐来展现这首诗的想法。《第九交响曲》体现了“从黑暗到光明”的思想,因而贝多芬决定把《欢乐颂》作为他歌颂的核心,把伟大的欢乐奉献给所有的人。

## Unit 3

- 1 Painting is silent poetry, and poetry is painting that speaks.

—Simonides of Ceos (page 29)

画是无言的诗,诗是有声的画。——凯奥斯岛的西摩尼得斯

该句出自古希腊抒情诗人西摩尼得斯(约公元前556—公元前468),其作品现仅存少数短诗和若干残篇。这句话由希腊史学家、作家普鲁塔克(Plutarch,约46—120)转述,说明了绘画与诗歌两种艺术形式的相通性。

- 2 Housed in an old railway building, this world-famous art museum features some of the best-known paintings from the Impressionist movement of the 19th century. (page 30, lines 4–6)

这座举世闻名的艺术博物馆设于一座古老的铁路建筑中,重点展出十九世纪印象派运动中最著名的一些画作。

(1) 奥赛博物馆由一座废弃的火车站改造而成,位于塞纳河畔,与卢浮宫隔河相望。奥赛博物馆主要陈列 1848 年至 1914 年间的艺术珍品。在巴黎,这一时期之前的艺术品由卢浮宫收藏,之后的艺术品则珍藏在蓬皮杜国家艺术文化中心,因而可以说奥赛博物馆是古代艺术和现代艺术之间承上启下的一页。奥赛博物馆是世界上收藏印象派画作最多的地方,此外馆内还收藏了其他风格的画作以及雕塑、装饰艺术作品等。

(2) 句中 house 作动词,意为“安置,收藏”。如:

*The painting is now housed in the British Museum.*

该画作现藏于大英博物馆。

(3) 句中 feature 作动词,意为“以……为特色,是……的特征”。如:

*The latest model features a smaller size and more fashionable design.*

最新款的特点是体积更小,设计更时尚。

- 3 When I saw it up close, I was struck by the small areas of light across the painting, and the way the soft edges of the figures seemed to mix together. (page 31, lines 23–25)

我靠近观察,画面上遍布着小面积的光斑,人物柔和的轮廓好像融为一体,令我惊叹不已。

句中 be struck by 意为“被……打动,迷恋……”。如:

*The first time I saw her, I was struck by her beautiful smile.*

我第一次见到她时就被她美丽的笑容打动了。

- 4 Everyday subject matter was the main focus of their works, as opposed to the history paintings that had traditionally dominated European art. (page 31, lines 31–33)

日常题材是他们作品的重点,这有别于传统上在欧洲艺术中占主导地位的历史题材画作。

(1) 句中 as opposed to 意为“而(不是),相对于”,表示对比。如:

*Now students can express their own ideas, as opposed to just listening to the teacher.*

现在学生可以表达自己的观点,而不只是听老师讲。

(2) 句中 dominate 意为“在……中具有最重要(或明显)的特色”。如:

*Her paintings dominated last year's art scene.*

她的画作在去年的艺术界独占鳌头。

- 5 They employed free brushwork and used colours to show the effect of light on things, creating paintings that were far less realistic than the works that came before. (page 31, lines 33–35)

他们运用了自由的笔触,用色彩来展示光投射在物体上的效果,创作出的绘画作品远不像前人所作的那么写实。

(1) 印象派画家主张描绘瞬间的印象,他们更多考虑画的整体效果,较少顾及细节。他们在户外依据眼睛的观察和现场的直观感受作画,追求在光色变化中表现对象的整体感。

(2) 句中 employ 意为“使用,采用”。如:

The teacher employed a new teaching method to help young students learn English.  
老师采用了新教学法帮助低龄学生学英语。

- 6 Painted on a five-metre-long silk scroll, it offers an important insight into life in China in the 12th century. (page 39, lines 1–3)

它绘于一幅五米长的绢布卷轴上,让我们得以深入了解十二世纪中国的生活风貌。

句中 insight 意为“洞悉,了解”。如:

His article gave us a deep insight into the causes of economic depression.  
他的文章使我们对经济萧条的原因有了深入的理解。

- 7 The first section presents a peaceful scene of rural life near Bianjing, featuring crop fields, a river winding through the landscape, and farmers hard at work. (page 39, lines 7–9)

第一部分展现了汴京城外平静的乡村生活场景,重点描绘了农田、蜿蜒而过的河流和辛勤劳作的农民。

句中 wind 为动词,意为“蜿蜒,曲折而行”。如:

The highway winds its way along the coast.  
公路沿着海岸蜿蜒伸展。

- 8 Here, hundreds of people from all walks of life, including butchers, hairdressers and government officials, can be seen going about their daily business. (page 39, lines 12–14)

在这里,我们可以看见数百个来自各行各业的人正在忙着自己的营生,有肉贩,有理发师,还有官差。

(1) 句中 from all walks of life 意为“来自各行各业”,也可以说 from every walk of life。(a) walk of life 意为“行业,职业”。如:

Our members include people from all walks of life.  
我们的成员来自各行各业。

(2) 句中 go about 意为“忙于”。如:

It was a sunny day and people went about their work as usual.  
这是个晴天,人们像平时一样忙着自己的工作。

- 9 This well-developed ability, as well as the scroll's ambitious size, allows Zhang to show an enormous amount of detail—you could study the painting for hours and still discover something new. (page 39, lines 19–21)

张择端娴熟的绘画技艺以及气势恢宏的画幅,让他能展现海量的细节——你细看这幅画卷数小时之后还能有新的发现。

- (1) 句中 *ambitious* 意为“规模宏大的”。如:

*He came up with ambitious plans for social reform.*

他提出了宏伟的社会改革计划。

- (2) 句中 *enormous* 意为“巨大的,极大的”。如:

*She looked so small on the enormous stage.*

在巨大的舞台上,她显得那么渺小。

- 10 However, some critics suggest that on closer inspection, the painting actually exposes serious political and social problems. (page 40, lines 27–28)

然而一些评论家提出,进行更为仔细的观察,会发现这幅画实际上揭露了严重的政治和社会问题。

- (1) 宋徽宗在位时政治、军事、外交均已走入绝境,国家处在一片内忧外患之中。《清明上河图》表面展现盛景,实则暗藏玄机,因此这幅画通常也被称为“盛世危图”。除了课文中提到的一些细节,画中还有很多地方可以体现这点。

- (2) 句中 *inspection* 意为“检查,查看,审视”。如:

*The experts carried out a thorough inspection of the plane's engines.*

专家们彻底检查了飞机的引擎。

- (3) 句中 *expose* 意为“揭露,揭穿”。如:

*The film exposes the horrible crimes that people committed against animals.*

这部电影揭露了人们对动物犯下的可怕罪行。

- 11 In fact, the Northern Song Dynasty was in decline by this stage. (page 40, lines 33–34)

事实上,到这个阶段,北宋已经走向衰落了。

句中 *decline* 意为“下降,衰退,衰落”。如:

*There was a rapid decline in unemployment since the new policy was carried out.*

新政策实施之后,失业人数迅速减少。

- 12 Its value is down not only to its great scale, artistic quality and attention to detail, but also to its representation of daily life. (page 40, lines 37–38)

它的价值不仅在于画幅宏大,艺术性高,注重细节,而且还在于对日常生活的展现。

句中 *be down to* 意为“归因于”。如:

*His success is all down to his amazing willpower.*

他的成功完全归功于他惊人的毅力。

- 13 Such is its worth that several later emperors even asked the most talented artists of their day to make copies of the scroll. (page 40, lines 38–40)

这幅画价值如此之高,以至于后世有几位皇帝甚至命令当朝最有才华的画家来临摹这幅长卷。

这是一个倒装句, *such* 置于句首时, 主句要倒装。如:

*Such are the facts; no one can deny them.*

事实如此, 没人能否认。

*Such a nice man did he seem that we all believed him.*

他看起来人不错, 以至于我们都相信了他。

- 14 Some of these copies are now regarded as precious works of art in their own right. (page 40, lines 40–41)

现在其中一些摹本本身就被视为艺术珍品。

句中 *in one's own right* 意为“凭自身的资格 (或努力)”。如:

*Kate works for a design company but she is also a painter in her own right.*

凯特在一家设计公司工作, 但她本身也是一名画家。

- 15 The public's continued enthusiasm about the *Qingming Scroll*, even after all these centuries, speaks volumes about the power of this historic piece of art. (page 40, lines 46–48)

甚至在几个世纪之后, 公众仍对《清明上河图》热情不减, 这足以证明这幅历史性画作的影响力。

(1) 句中 *speak volumes about* 意为“足以证明”。如:

*Your small gestures speak volumes about how nervous you are.*

你的那些小动作足以证明你有多紧张。

(2) 句中 *historic* 意为“历史上著名 (或重要) 的, 可名垂青史的”。如:

*It was a historic moment for our country.*

这对我们国家来说是历史性的一刻。

## Unit 4

- 1 Poetry is an expression of one's will. What is kept in the heart is the will, but when expressed in words, it is poetry. —“Preface to *The Book of Songs*” (page 43)

诗者, 志之所之也, 在心为志, 发言为诗。——《毛诗序》

该句出自中国古代诗歌理论文献《毛诗序》。《毛诗》是西汉初年鲁国的毛亨和赵国的毛萇所辑、注的《诗经》版本, 《毛诗序》即为它所作的序言, 其作者不详。这句话说明了诗歌具有抒情言志的功能。

- 2 Even if its true meaning appears to be beyond your grasp, you can always say something about how the poem sounds when you read it aloud. (page 44, lines 5–7)

即使你似乎无法理解诗歌的真正含义,也总是可以说说这首诗在朗读时听起来如何。句中 *grasp* 意为“理解(力),领会”, *beyond one's grasp* 意为“无法理解”。如:

*He has a good grasp of various painting styles.*

他对各种绘画风格都了如指掌。

*This essay is beyond the grasp of an average high school student.*

这篇散文是一般中学生不能理解的。

- 3 *As an explorer, you will not reach your goal immediately—you need to go on a journey to a remote and unknown destination. (page 45, lines 42–44)*

作为一名探险家,你不会立即达成你的目标——你得踏上旅途,朝远方未知的目的地前进。

句中 *remote* 意为“偏远的,偏僻的”。如:

*After two hours' walk, they arrived at a remote mountain village.*

走了两个小时之后,他们来到了一个偏僻的山村。

- 4 *Poems that are easy to understand are often less interesting than those that constantly reveal deeper and previously unrecognized meanings. (page 45, lines 46–48)*

相比容易理解的诗,那些不断展现更加深刻的、先前未发现的意义的诗常常更加有趣。

句中 *constantly* 意为“始终,一直,重复不断地”,由形容词 *constant* 加副词后缀 *-ly* 构成, *constant* 意为“持续发生的,不断的,重复的”。如:

*Our concept of beauty is constantly changing.*

我们的审美观无时无刻不在变化。

*They live in constant fear of losing their jobs.*

他们时刻处于失业的担忧中。

- 5 “Stopping by Woods on a Snowy Evening” by Robert Frost (page 45, line 54)

《雪夜林边小驻》是美国现代诗人罗伯特·弗罗斯特(1874—1963)一首深受广大读者喜爱的不朽之作。弗罗斯特是美国20世纪最负盛名的诗人之一,他善于运用象征主义表现手法,用看似平淡的小事来表达深刻的哲理,巧妙地表达诗歌的主题思想。

《雪夜林边小驻》中,一位步履沉重的赶路人牵着马走到一片幽深可爱的林边休息,并陶醉其中,虽然依依不舍,但不得不离开,继续他的行程。这首诗向我们展示了人在理想和现实之间的困惑和矛盾心理,表达了诗人对人生和社会的思考。

- 6 *As long as the journey of poetry reading makes you feel something or lets you perceive another level of meaning, it will have been worth your effort. (page 45, lines 57–59)*

只要读诗之旅能让你有所感悟,或者让你发现另一层含义,你的努力就是值得的。

句中 *perceive* 意为“注意到,意识到,察觉到”。如:

*I didn't perceive anything unusual about his behaviour that morning.*

那天早上我没看出他有什么异样。

7 Instead, they advocated going back to nature. (page 48)

相反,他们提倡回归自然。

句中 *advocate* 意为“拥护,支持,提倡”。如:

*Do you advocate banning smoking in all public places?*

你支持在公共场所一律禁止吸烟吗?

8 “The Road Not Taken” (page 50)

《未选择的路》是罗伯特·弗罗斯特的代表作之一。这首诗描述了一个人处于人生岔路口时的艰难抉择。他最后选择了那条人迹罕至的路,同时又对另外一条路充满遐想。“路”是这首诗最重要的意象,全诗强调了选择对人生道路的重大影响。诗歌分为四节,每节的第一、三、四行,第二、五行分别押韵,整首诗韵律十分优美。

9 Equally impressive is Li Bai's free expression of strong feelings, which breathes vitality into the lifeless objects he describes, and which distinguishes him from other landscape poets. (page 54, lines 29–31)

同样让人印象深刻的是李白强烈情感的自由抒发,这为他笔下的无生命物体注入了生机,也让他有别于其他山水诗人。

句中 *distinguish* 意为“成为……的特征,使有别于”,还可以表示“区分,辨别,分清”的意思,后面常跟介词 *from* 或 *between*。如:

*The male bird is distinguished from the female bird by its colourful tail.*

雄鸟尾巴五颜六色,有别于雌鸟。

*He could no longer distinguish between imagination and reality.*

他再也无法区分幻想和现实了。

10 One such poet is Ezra Pound, a 20th-century American poet. (page 54, line 43)

二十世纪的美国诗人埃兹拉·庞德就是其中一位。

埃兹拉·庞德(1885—1972),美国诗人和文学评论家、意象派诗歌运动的重要代表人物。庞德从美国东方学家费诺罗萨(Fenollosa)的笔记中翻译整理出一些古典诗歌,结为《华夏集》(*Cathay*),于1915年4月出版,诗集中大部分内容译自李白的诗。实际上,《华夏集》中的诗基本上都不能称作译诗,而应称作改写诗。庞德经过翻译中国诗歌的实践,在自己的诗歌创作中吸收了中国诗歌的丰富营养,使自己的诗歌令人耳目一新,为西方诗歌注入了活力。

# Grammar notes

## Unit 1

### 动词不定式作主语和表语

- 1 动词不定式可以在句中用作主语。如：  
*To cook Chinese food is not easy.*  
动词不定式作句子主语时可以用形式主语 *it* 代替，将不定式置于句末。如：  
*It is difficult to find a true friend.*
- 2 动词不定式可以在句中用作表语。如：  
*His aim was to cheer me up.*
- 3 动词不定式前可以加上 *for* 引导的短语，表示不定式的逻辑主语。如：  
*It would make me very happy for her to win the election.*
- 4 动词不定式作主语和表语时，可以有被动形式。如：  
*It was a great honour to be invited here today.*  
*The festival is to be held next Friday.*

## Unit 2

### 动词 -ing 形式作主语和宾语

- 1 动词 -ing 形式可以在句中用作主语。如：  
*Swimming is fun.*  
动词 -ing 形式在句中用作主语时，有时可以用形式主语 *it* 代替。如：  
*It's no use crying.*
- 2 动词 -ing 形式可以在句中用作动词的宾语。常接动词 -ing 形式作宾语的动词有 *advise*、*avoid*、*enjoy*、*escape*、*finish*、*imagine*、*mind*、*practise*、*risk*、*suggest* 等。如：  
*We enjoy reading English stories.*  
*Have you finished typing the report?*
- 3 动词 -ing 形式可以在句中用作介词的宾语。如：  
*I keep fit by swimming.*
- 4 动词 -ing 形式的逻辑主语常用物主代词或名词所有格表示。如：  
*Your coming to visit is a great encouragement to us.*  
*There is a good chance of Tom's getting well again.*
- 5 动词 -ing 形式作主语和宾语时可以有被动形式。如：  
*Being praised by the teacher makes me happy.*  
*Jack escaped being hit by a car.*

## Unit 3

### 动词 -ing 形式和动词 -ed 形式作表语

- 1 动词 -ing 形式可以在句中用作表语,常用来表示主语所具有的特征。如:  
*The novel is inspiring.*
- 2 动词 -ed 形式可以在句中用作表语,说明主语的状态。如:  
*We were excited to hear the news.*
- 3 动词 -ing 形式作表语,常修饰物;动词 -ed 形式作表语,常修饰人。如:  
*The story is touching.*  
*We were amazed at the sight.*
- 4 动词 -ing 形式和动词 -ed 形式作表语时动词色彩常常被淡化,后面通常不能跟宾语,但可以用 *very*、*greatly* 等表示程度的副词对其进行修饰。如:  
*The football match was very exciting.*  
*She is greatly pleased with the results.*
- 5 有时动词 -ing 形式表示主语所指的内容,这时动词 -ing 形式仍然可以带有逻辑主语或者宾语。如:  
*My aim is everybody's having a good time.*  
*My job is teaching primary school students.*

## Unit 4

### 非谓语动词综述

非谓语动词通常指动词不定式、动词 -ing 形式和动词 -ed 形式,在句中可用作主语、宾语、表语、定语、状语和补语。见下表:

形 式	功 能					
	主语	宾语	表语	定语	状语	补语
动词不定式	✓	✓	✓	✓	✓	✓
动词 -ing 形式	✓	✓	✓	✓	✓	✓
动词 -ed 形式			✓	✓	✓	✓

- 1 非谓语动词作主语:动词不定式与动词 -ing 形式
  - (1) 动词不定式和动词 -ing 形式都可以在句中用作主语。不定式作主语时常常用形式主语 *it* 代替,不定式置于句末。如:  
*Collecting stamps is my hobby.*  
*It is my hobby to collect stamps.*

- (2) 动词 -ing 形式有时也用形式主语 it 代替, 动词 -ing 形式置于句末。如:

It is no good pretending to know what you do not know.

It is no use complaining.

## 2 非谓语动词作宾语: 动词不定式与动词 -ing 形式

- (1) 在 afford、agree、arrange、choose、claim、desire、expect、fail、hope、intend、offer、pretend、promise、refuse、wish 等动词后, 常接动词不定式作宾语。如:

Mike offered to help me.

Tom promised to go with me.

- (2) 在 advise、admit、avoid、consider、deny、enjoy、finish、practise、suggest 等动词以及 burst out、give up、insist on、keep on、put off 等短语后, 常接动词 -ing 形式作宾语。如:

I considered going to see him in person.

Everyone burst out laughing.

- (3) 在 like、love、begin、start 等动词后, 既可以接动词不定式作宾语, 也可以接动词 -ing 形式作宾语, 但二者区别不大, 常可以交换使用。如:

I like singing. = I like to sing.

It started raining. = It started to rain.

- (4) 在 remember、forget、regret、try、mean 等动词后, 既可以接动词不定式作宾语, 也可以接动词 -ing 形式作宾语, 但二者意义不同。如:

{ I remember seeing him before. (我记得曾经见过他。)

{ Remember to tell him about it. (记得把这件事告诉他。)

{ I now regret telling the lie. (我现在后悔说谎了。)

{ I regret to tell you the bad news. (我很遗憾告诉你这个坏消息。)

- (5) 介词后一般只接动词 -ing 形式作宾语。如:

How about coming with us?

## 3 非谓语动词作表语: 动词不定式、动词 -ing 形式与动词 -ed 形式

- (1) 动词不定式可以在句中用作表语, 说明主语所指的内容, 动词不定式可以带逻辑主语。动词不定式作表语, 有的情况下 to 可以省略。如:

My purpose is to help them.

My hope is for all members to come together.

All I did was (to) give him a little push.

- (2) 动词 -ing 形式和动词 -ed 形式可以在句中用作表语, 说明主语的特征或者状态, 动词 -ing 形式还可以表示主语所指的内容。如:

The book was so interesting that he almost forgot the time.

He is very concerned with the matter.

This is asking for trouble.

4 非谓语动词作定语:动词不定式、动词-ing形式与动词-ed形式

- (1) 动词不定式作定语常表示将要发生的事,动词-ing形式作定语常表示正在发生的事,动词-ed形式作定语常表示已经发生的事或表示被动意义。如:

*I have a meeting to attend tomorrow.*

*The boy standing there is my friend.*

*Jack cleared the fallen leaves on the ground.*

*Many students like to read novels written in English.*

- (2) 动词不定式和动词-ing形式作定语时可以有被动形式。如:

*The building to be built in the square will be a new library.*

*Do you see the house being built over there?*

5 非谓语动词作状语:动词不定式、动词-ing形式与动词-ed形式

- (1) 动词不定式作状语可以表示目的或者结果,动词-ing形式和动词-ed形式作状语可以表示时间、原因、伴随等意义。如:

*Susan came to see me.*

*She lived to be one hundred.*

*I sat there waiting for him.*

*Deeply moved, I decided to follow his example.*

- (2) 动词-ing形式具有主动意义,动词-ed形式具有被动意义。如:

*She was in the kitchen preparing dinner.*

*Compared with you, we still have a long way to go.*

- (3) 动词-ing形式作状语可用完成式。如:

*Having finished their work, they had a good rest.*

6 非谓语动词作补语:动词不定式、动词-ing形式与动词-ed形式

- (1) 在 expect、forbid、force、order、permit、request、warn 等动词后,常接“名词/代词+动词不定式”结构,动词不定式作补语。如:

*We can always expect him to help us.*

*He warned us to be careful.*

- (2) 在 see、hear、notice、watch、feel 等动词后,可以接不带 to 的动词不定式作补语,表示动作的整个过程;这些动词也可以接动词-ing形式作补语,表示动作正在进行。如:

*I saw him cross the street and enter a shop. (我看见他穿过马路然后进了  
一家商店。)*

*I saw him crossing the street. (我看见他正在过马路。)*

- (3) 动词-ed形式作补语常表示被动意义。如:

*How would you like your hair cut?*

*We must get our work finished by 10 o'clock.*



# Wordlist 1

(by unit)

说明:本表收录各单元阅读文章和语篇练习中所包含的生词和短语,不收录指示语和讲解文字中所包含的生词和短语。带\*的词条为《普通高中英语课程标准(2017年版2020年修订)》规定之外的词汇。

## Unit 1

- mood** /mu:d/ *n.* 情绪,心情;气氛,氛围 (2)
- combination** /kəmbrɪ'neɪʃn/ *n.* 结合体,联合体;联合,混合 (2)
- do the trick** 奏效,起作用,达到目的 (2)
- creamy** /'kri:mi/ *adj.* 含奶油的;像奶油的,光滑细腻的;淡黄色的 (2)
- flavour** /'flɛvə(r)/ (*AmE* **flavor**) *n.* 味,味道;特点,特色  
*vt.* 给...调味,加味于 (2)
- greedily** /'gri:dɪli/ *adv.* 贪婪地,贪心地 (2)
- gently** /'dʒentli/ *adv.* 轻柔地,温和地 (2)
- dessert** /dɪ'zɜ:t/ *n.* (饭后) 甜点,甜食 (2)
- association** /ə'səʊsi'eɪʃn; ə'səʊʃi'eɪʃn/ *n.* 联想,联系;协会,社团;联合,交往 (2)
- vary** /'veəri/ *vi.* (根据情况)变化,变更;相异,不同  
*vt.* 变更,改变 (2)
- link** /lɪŋk/ *vt.* 联系,相关联;把...连接起来  
*n.* 联系,连接;关系,纽带;链接 (3)
- emotion** /ɪ'məʊʃn/ *n.* 情感,强烈的感情,激情,情绪 (3)
- saucer** /'sə:sə(r)/ *n.* 碟状物,茶碟,茶托 (3)
- \***vinegar** /'vɪnɪgə(r)/ *n.* 醋 (3)
- native** /'neɪtv/ *n.* 出生于某国(或某地)的人;本地人  
*adj.* 出生地的;本地的;土著的;土产的 (3)
- salty** /'sɔ:lti/ *adj.* 咸的,含盐的 (3)
- sour** /'sauə(r)/ *adj.* 酸的,有酸味的;馊的  
*vi. & vt.* (使)变坏;变味,酸腐 (3)
- cry out for** 迫切需要 (3)
- relieve** /rɪ'li:v/ *vt.* 解除,减轻;缓和,缓解 (3)
- bond** /bɒnd/ *n.* 纽带,联系;连接,结合 (3)
- security** /sɪ'kjʊərəti/ *n.* 安全;保护措施;保安部门;担保,保证 (5)
- generate** /'dʒenəreɪt/ *vt.* 产生,引起 (5)
- calorie** /'kæləri/ *n.* 卡,卡路里;千卡 (5)
- digest** /daɪ'dʒest; dɪ'dʒest/ *vt. & vi.* 消化;领会,理解  
*n.* 摘要,文摘 (5)
- lower** /'ləʊə(r)/ *vt.* 降低,减少;把...放低,使...降下  
*adj.* 下面的;在底部的;低洼的 (5)
- cycle** /'saɪkl/ *n.* 循环;自行车,摩托车  
*vi.* 骑自行车 (5)
- enhance** /ɪn'hɑ:ns/ *vt.* 提高,增强 (6)
- throw oneself into** 投身于,热衷于 (6)
- boil** /bɔɪl/ *vt. & vi.* 用沸水煮;(使)沸腾 (6)
- fry** /fraɪ/ *vt. & vi.* 油炸,油煎 (6)
- steak** /steɪk/ *n.* 牛排;肉排,肉块 (6)
- pan** /pæn/ *n.* 平锅,平底锅 (6)
- impress** /ɪm'pres/ *vt. & vi.* 使钦佩,给...留下深刻印象;使意识到 (7)
- buffet** /'bʊfeɪ; 'bʌfeɪ/ *n.* 自助餐 (7)
- bay** /beɪ/ *n.* (海或湖的)湾 (7)
- scenery** /'sɪnəri/ *n.* 风景,景色;舞台布景 (7)
- bet** /bet/ *n.* 打赌,赌注;预计,估计

- vi. & vt. (bet, bet)* 下赌注,打赌;敢说 (7)
- atmosphere** /'ætməsfiə(r)/ *n.* 气氛,氛围;大气;气体;空气 (7)
- out of this world** 好(或美等)得不得了,非凡,呱呱叫 (9)
- version** /'vɜ:ʃn/ *n.* 变体,变种;说法;版本 (9)
- filling** /'fɪlɪŋ/ *n.* (糕点等的)馅 (9)
- elderly** /'eldəli/ *adj.* 年纪较大的,上了年纪的 (9)
- bake** /beɪk/ *vt. & vi.* 烘烤;烤硬 (9)
- flour** /'flaʊə(r)/ *n.* 面粉 (9)
- adorable** /ə'dɔ:rəbl/ *adj.* 可爱的,讨人喜爱的 (9)
- mild** /maɪld/ *adj.* 不浓的,淡味的;暖和的;温和的;不严重的 (9)
- \***tiramisu** /tɪrəmi'su:/ *n.* 提拉米苏 (9)
- bakery** /'beɪkəri/ *n.* 面包(糕饼)店 (9)
- \***layer** /'leɪə(r); 'leə(r)/ *n.* 层,表层;层次 (9)
- cheese** /tʃi:z/ *n.* 干酪,奶酪 (9)
- bitter** /'bɪtə(r)/ *adj.* 味苦的;激烈的;令人难过的;严寒的 (9)
- cream** /kri:m/ *n.* 奶油,乳脂;护肤霜 (9)
- \***ingredient** /ɪn'ɡri:diənt/ *n.* 材料,成分;因素,要素 (9)
- loose** /lu:s/ *adj.* 不受约束的;未固定牢的;零散的;宽松的;疏松的 (11)
- let sth loose** 释放;放任 (11)
- \***chilli** /'tʃɪli/ (*AmE chili*) *n.* 辣椒 (11)
- pepper** /'pepə(r)/ *n.* 甜椒;胡椒粉 (11)
- Sichuan pepper** 花椒 (11)
- onion** /'ʌnjən/ *n.* 洋葱,葱头 (11)
- spring onion** 小葱,香葱 (11)
- damp** /dæmp/ *adj.* 潮湿的,湿气重的 (11)
- foggy** /'fɒgi/ *adj.* 有雾的,雾茫茫的 (11)
- dynasty** /'dɪnəsti/ *n.* 朝,代;王朝 (11)
- expand** /ɪk'spænd/ *vt. & vi.* 增加,扩大;扩展,发展(业务);详谈,详述 (11)
- multiple** /'mʌltɪpl/ *adj.* 数量多的,多样的 (11)
- \***sauce** /sɔ:s/ *n.* 调味汁,酱 (11)
- plain** /pleɪn/ *adj.* 朴素的,简单的;清楚的
- n.* 平原 (11)
- slice** /slaɪs/ *n.* 薄片,片;部分,份额  
*vt.* 把...切成片;切开,割破 (11)
- chef** /ʃef/ *n.* 主厨,厨师 (12)
- property** /'prɒpəti/ *n.* 性质,特性;所有物,财产;不动产 (12)
- appropriate** /ə'prəʊpriət/ *adj.* 合适的 (12)
- estimate** /'estɪmeɪt/ *vt.* 估计,估价  
*n.* 估计;估计的成本 (12)
- consume** /kən'sju:m/ *vt.* 吃,喝,饮;消耗,耗费(尤指燃料、能量或时间) (12)
- hit the spot** 使人满意,正合需要 (12)
- \***Cantonese** /kæntə'ni:z/ *adj.* 广东人(或文化)的,粤语的  
*n. (pl. Cantonese)* 广东人;粤语 (12)
- \***dim sum** /dɪm 'sʌm/ *n.* 点心 (12)
- essential** /ɪ'senʃl/ *adj.* 必不可少的;本质的,基本的 (12)
- innovation** /,ɪnə'veɪʃn/ *n.* 创造,创新;新思想,新方法 (12)
- concept** /'kɒnsept/ *n.* 概念,观念 (12)
- stimulate** /'stɪmjuleɪt/ *vt.* 促进,激发;刺激,使兴奋 (12)
- appetite** /'æpɪtaɪt/ *n.* 食欲,胃口;强烈欲望 (12)
- delicate** /'delɪkət/ *adj.* 精致的,精细的,精密的;易损的,易碎的,脆弱的 (12)
- emphasis** /'emfəsis/ *n. (pl. emphases*  
*/'emfəsi:z/)* 强调,重视;重读 (12)
- steam** /sti:m/ *vt. & vi.* 蒸,散发蒸汽  
*n.* 水蒸气;蒸汽动力;水汽 (12)
- gram** /græm/ *n.* 克 (13)
- cabbage** /'kæbɪdʒ/ *n.* 甘蓝,卷心菜 (13)
- wrapper** /'ræpə(r)/ *n.* (食品等的)包装材料,包装纸 (13)
- mixture** /'mɪkstʃə(r)/ *n.* 混合物;混合,结合 (13)
- edge** /edʒ/ *n.* 边,边缘;刀口 (13)
- apart** /ə'pɑ:t/ *adv.* 成碎片;分开;相隔 (13)
- fall apart** 破碎,破裂;崩溃 (13)

## Unit 2

- \***Austrian** /'ɒstriən/ *adj.* 奥地利的, 奥地利人的 (15)
- composer** /kəm'pəʊzə(r)/ *n.* 作曲家, 作曲者 (15)
- symphony** /'sɪmfəni/ *n.* 交响乐, 交响曲 (15)
- \***concerto** /kən'tʃeɪtəʊ/ *n.* 协奏曲 (15)
- \***Polish** /'pəʊlɪʃ/ *adj.* 波兰的, 波兰人的, 波兰语的 (15)
- compose** /kəm'pəʊz/ *vt. & vi.* 作曲; 组成; 撰写; 使镇静 (16)
- deserve** /dɪ'zɜ:v/ *vt.* 值得, 应得 (16)
- tear apart** 使(关系密切的人)分离, 分开 (16)
- pleasant** /'pleznt/ *adj.* 令人愉快的, 可喜的; 友好的, 和善的 (16)
- whisper** /'wɪspə(r)/ *vi. & vt.* 耳语, 低语; 私下说; 沙沙作响  
*n.* 低语; 轻柔的声音; 传言 (16)
- dramatic** /drə'mætɪk/ *adj.* 激动人心的, 引人注目的; 突然的; 戏剧的; 夸张的 (16)
- weep** /wi:p/ *vi. & vt.* (**wept, wept**) 哭泣, 流泪 (16)
- overcome** /əʊvə'kʌm/ *vt.* (**overcame, overcome**) 受到…的极大影响; 克服, 解决; 战胜 (16)
- sorrow** /'sɒrəʊ/ *n.* 悲伤, 悲痛; 伤心事 (16)
- \***grave** /ɡreɪv/ *n.* 坟墓; 死亡, 去世  
*adj.* 严重的; 严肃的 (16)
- transform** /træns'fɔ:m/ *vi. & vt.* (使) 变形, (使) 改观, (使) 转化 (16)
- forever** /fə'revə(r)/ *adv.* 永远; 长久地; 老是 (16)
- combine** /kəm'baɪn/ *vt. & vi.* (使) 融合; (使) 结合, (使) 混合; 兼做; 合并 (16)
- rely** /rɪ'laɪ/ **on** 依赖, 依靠; 信任 (17)
- blues** /blu:z/ *n.* (**the blues**) 布鲁斯音乐, 蓝调; 忧郁, 悲伤 (17)
- folk** /fəʊk/ *adj.* 民间的, 民俗的  
*n.* 民间音乐; 人们; 各位; 家人 (17)
- tune** /tju:n/ *n.* 曲调, 曲子  
*vt.* 调音; 调频道; 调整 (17)
- \***lyric** /'lɪrɪk/ *n.* 歌词; 抒情诗  
*adj.* 抒情的; 吟唱的 (17)
- throw in** 奉送, 额外赠送 (17)
- for good measure** 作为额外增添 (17)
- rural** /'rʊərəl/ *adj.* 乡村的, 农村的 (17)
- surroundings** /sə'reaʊndɪŋz/ *n.* 周围, 环境 (17)
- \***heaven** /'hevn/ *n.* 极乐之地 (17)
- \***breeze** /bri:z/ *n.* 微风, 和风 (17)
- guarantee** /gæ'rən'ti:/ *vt.* 保证, 担保; 确保; 为(产品) 提供保修  
*n.* 保证, 担保; 保修单 (17)
- jazz** /dʒæz/ *n.* 爵士乐 (19)
- arch** /ɑ:tʃ/ *n.* 拱门; 拱 (19)
- adaptation** /,ædæp'teɪʃn/ *n.* 改编本, 改写本; 适应 (19)
- communist** /'kɒmjənɪst/ *adj.* 共产主义的  
*n.* 共产主义者 (19)
- \***invader** /ɪn'veɪdə(r)/ *n.* 武装入侵的军队(或国家), 侵略者 (19)
- consist** /kən'sɪst/ **of** 由…组成(或构成) (19)
- defend** /dɪ'fend/ *vt. & vi.* 保护, 防御; 辩白, 辩解 (19)
- \***solo** /'səʊləʊ/ *n.* 独奏, 独唱  
*adj.* 独自的; 独唱的, 独奏的 (19)
- flow** /fləʊ/ *vi.* 流, 流动; 充满; 涨起  
*n.* 流, 流动; 连贯; 涨潮 (20)
- \***spacecraft** /'speɪskrɑ:ft/ *n.* (*pl.* **spacecraft**) 航天(飞行)器, 宇宙飞船 (21)
- solar** /'səʊlə(r)/ *adj.* 太阳的; 太阳能的 (21)
- greet** /ɡri:t/ *vt.* 问候, 欢迎, 招呼 (21)
- get down to (doing) sth** 开始做某事, 开始认真注意(或对待)某事 (21)
- suitable** /'su:təbl; 'sju:təbl/ *adj.* 合适的, 适宜的, 适当的, 适用的 (21)
- recording** /rɪ'kɔ:dn̩/ *n.* 录音, 视频; 录制; 记

录,记载 (21)

**distant** /'dɪstənt/ *adj.* 遥远的,远处的,久远的;冷淡的;远亲的 (21)

**volume** /'vɒljʊm/ *n.* 音量,响度;体积,容积,容量;量,额 (23)

**stare** /steə(r)/ *vi.* 盯着看,凝视,注视  
*n.* 盯,凝视,注视 (23)

**breath** /breθ/ *n.* 呼吸的空气;一次吸入的空气;微量,迹象 (23)

**unusual** /ʌn'ju:zʊəl/ *adj.* 特别的,不寻常的;独特的,与众不同的 (23)

**grab** /græb/ *vt. & vi.* 吸引;抓住;赶紧,抓紧 (23)

**sweep** /swi:p/ *vt. & vi.* (**swept, swept**) 席卷,横扫;打扫;吹走;清除  
*n.* 打扫,清扫 (23)

**disc** /dɪsk/ (*AmE disk*) *n.* 唱片;光碟,光盘;圆盘,圆片 (23)

**complicated** /'kɒmplɪkeɪtɪd/ *adj.* 复杂的,难懂的 (23)

**\*lane** /lem/ *n.* (乡间) 小路;小巷;车道;跑道;航线 (23)

**accompany** /ə'kʌmpəni/ *vt.* 陪同,陪伴;伴随,与...同时发生;为...伴奏 (23)

**expectation** /'ekspek'teɪʃn/ *n.* 希望,盼望;预料,预期;期望,指望 (23)

**remarkable** /rɪ'mɑ:kəbl/ *adj.* 非凡的,奇异的,显著的,引人注目的 (25)

**stream** /stri:m/ *vi. & vt.* 鱼贯而行,涌动;流,流动  
*n.* 小溪;(人)流,(车)流 (25)

**enthusiastic** /m,θju:zi'æstɪk/ *adj.* 热情的,热心的 (25)

**handkerchief** /'hæŋkətʃɪf; 'hæŋkətʃɪ:f/ *n.*  
(*pl.* **handkerchiefs** or **handkerchieves**)  
手帕,纸巾 (25)

**vast** /vɑ:st/ *adj.* 大量的,辽阔的,巨大的 (25)

**gifted** /'gɪftɪd/ *adj.* 有才华的,有天赋的 (25)

**reputation** /repju'teɪʃn/ *n.* 名誉,名声 (25)

**brilliant** /'brɪliənt/ *adj.* 聪颖的,技艺高的;巧妙的;很成功的;明亮的 (25)

**prediction** /prɪ'dɪkʃn/ *n.* 预言,预测 (25)

**extraordinary** /ɪk'strɔ:dnri/ *adj.* 不寻常的,非凡的;意想不到的,令人惊奇的 (25)

**depress** /dɪ'pres/ *vt.* 使抑郁,使沮丧;使萧条,使不景气 (25)

**upset** /,ʌp'set/ *adj.* 难过的,失望的  
/,ʌp'set/ *vt.* (**upset, upset**) 使烦恼;搅乱;打翻 (25)

**possess** /pə'zes/ *vt.* 具有(特质);拥有;支配,控制 (26)

**abandon** /ə'bændən/ *vt.* 中止,放弃,不再有;抛弃;舍弃 (26)

**all of a sudden** 突然,猛地 (26)

**\*orchestra** /'ɔ:kɪstrə/ *n.* 管弦乐队 (26)

**desperate** /'despəret/ *adj.* 绝望的;不惜冒险的;极其需要的;极严重的 (26)

**uplifting** /,ʌp'ɪftɪŋ/ *adj.* 令人振奋的,鼓舞人心的 (26)

**ease** /i:z/ *n.* 容易,轻易;舒适,安逸  
*vi. & vt.* (使) 宽慰,减轻 (26)

**genius** /'dʒɪniəs/ *n.* 天赋,天资;天才 (26)

**variation** /,veəri'eɪʃn/ *n.* 变奏,变奏曲;变化,变更;变体,变种 (26)

**chorus** /'kɔ:rəs/ *n.* 合唱曲;副歌;合唱团 (26)

**grand** /grænd/ *adj.* 宏大的,宏伟的;壮丽的,堂皇的 (26)

**\*finale** /fi'nɑ:li/ *n.* 末乐章,终场,结局;结尾 (26)

**\*rhythm** /'rɪðəm/ *n.* 节奏,韵律,律动;规律 (27)

## Unit 3

**\*portrait** /'pɔ:treɪt/ *n.* 肖像,半身画像;详细的描述,描绘 (29)

**landscape** /'lændskeɪp/ *n.* 乡村风景画;风景,景色 (29)

**wander** /'wɒndə(r)/ *vi. & vt.* 闲逛,漫步;走

- 失;走神;蜿蜒曲折 (30)
- gallery** /'gæləri/ *n.* 展览馆,画廊;长廊,走廊;  
楼上旁听席 (30)
- decade** /'dekeɪd; dɪ'keɪd/ *n.* 十年,十年期 (30)
- mostly** /'məʊstli/ *adv.* 主要地,一般地 (30)
- pond** /pɒnd/ *n.* 池塘,水池 (31)
- \***canvas** /'kænvəs/ *n.* 画布,油画;帆布 (31)
- neighbourhood** /'neɪbəhʊd/ (*AmE*  
**neighborhood**) *n.* 街区,城区;邻近的  
地方 (31)
- strike** /straɪk/ *vt. & vi.* (**struck, struck**) 突  
然想到;撞,碰;打;突击;罢工;划(火柴)  
*n.* 罢工;袭击;击,打 (31)
- setting** /'setɪŋ/ *n.* 环境,背景;情节背景 (31)
- like-minded** /'laɪk 'mamaɪdɪd/ *adj.* 想法相同  
的,志趣相投的 (31)
- liberation** /'lɪbə'reɪʃn/ *n.* 解放,摆脱 (31)
- opposed** /ə'pəʊzɪd/ *adj.* 截然不同的;强烈反  
对的 (31)
- as opposed to** (表示对比) 而,相对于 (31)
- dominate** /'dɒmneɪt/ *vt. & vi.* 在...中具有  
最重要(或明显)的特色;支配,控制;占  
有优势;俯视 (31)
- employ** /ɪm'plɔɪ/ *vt.* 运用,使用;雇用 (31)
- brushwork** /'brʌʃwɜ:k/ *n.* (画家的)笔触,画  
法 (31)
- realistic** /'ri:ə'lɪstɪk; rɪə'lɪstɪk/ *adj.* 逼真的,  
栩栩如生的;现实的,实际的;明智的 (31)
- essence** /'esns/ *n.* 本质,精髓;香精,精油 (31)
- vivid** /'vɪvɪd/ *adj.* 鲜明的,耀眼的;生动的 (31)
- vision** /'vɪʒn/ *n.* 远见卓识;视力,视野;想象 (31)
- display** /dɪ'spleɪ/ *vt.* 陈列,展出;显示,表现  
*n.* 陈列,展览;表现;展示 (31)
- worthy** /'wɜ:ði/ *adj.* 值得(或应得)…的;值  
得尊敬的,值得注意的 (31)
- calling** /'kɔ:lɪŋ/ *n.* 职业,事业;使命感 (33)
- shade** /ʃeɪd/ *n.* 阴影部分;色度;阴凉处 (34)
- bathe** /beɪð/ *vt.* 以(光线)洒满,覆盖,使沐浴  
(在光线里);用水清洗 (34)
- \***pixel** /'pɪksl/ *n.* 像素 (34)
- wage** /weɪdʒ/ *vt.* 开始,发动  
*n.* (通常指按周领的)工资,工钱 (35)
- campaign** /kæm'peɪn/ *n.* (宣传)活动,运动;  
战役  
*vt. & vi.* 发起运动,参加活动 (35)
- architecture** /'ɑ:kɪtektʃə(r)/ *n.* 建筑设计,建  
筑风格;建筑学 (35)
- toast** /təʊst/ *n.* 吐司,烤面包片;干杯,祝酒  
*vt.* 为…干杯;烤;取暖 (37)
- garlic** /'gɑ:lɪk/ *n.* 蒜,大蒜 (37)
- mushroom** /'mʌʃrʊm/ *n.* 蘑菇 (37)
- arrange** /ə'reɪndʒ/ *vt. & vi.* 整理,布置;安排,  
筹备 (37)
- raw** /rɔ:/ *adj.* 未经加工的,自然状态的;生  
的,未烹制的 (37)
- \***scroll** /skrəʊl/ *n.* 长卷纸,卷轴 (39)
- insight** /'ɪnsaɪt/ *n.* 洞悉,了解;洞察力,领悟 (39)
- crop** /krɒp/ *n.* 庄稼,作物;收成,产量 (39)
- wind** /waɪnd/ *vi. & vt.* (**wound, wound**) 蜿  
蜒,迂回;上发条;缠绕 (39)
- sail** /seɪl/ *vi. & vt.* (乘船)航行;起航;驾驶(船  
只);飘,掠  
*n.* 帆;乘船航行 (39)
- civilian** /sə'vɪliən/ *n.* 平民,老百姓,庶民 (39)
- all walks of life** 各行各业,社会各界 (39)
- butcher** /'bʊtʃə(r)/ *n.* 肉贩,屠夫 (39)
- go about sth** 忙于做某事,继续做某事 (39)
- apparent** /ə'pærənt/ *adj.* 显而易见,明白易  
懂,显然 (39)
- \***ink** /ɪŋk/ *n.* 墨水,墨汁 (39)
- \***perspective** /pə'spektɪv/ *n.* 透视法;态度,观  
点;客观判断力;景观,远景 (39)
- precise** /prɪ'saɪs/ *adj.* 细致的,精细的;准确  
的,精确的;恰好的 (39)
- ambitious** /æm'bɪʃəs/ *adj.* 宏大的,艰巨的;  
有野心的,有雄心的 (39)

**enormous** /ɪ'nɔ:məs/ *adj.* 巨大的, 庞大的 (39)

**comprehensive** /,kɒmpri'hensɪv/ *adj.* 全面的, 详尽的; 综合性的 (40)

**clothing** /'kləʊðɪŋ/ *n.* 衣服, 服装 (40)

**temple** /'tempəl/ *n.* 庙宇, 寺院 (40)

**structure** /'strʌktʃə(r)/ *n.* 建筑物; 结构, 构造; 精心组织 (40)

**overall** /əʊvə'rɔ:l/ *adj.* 全面的, 综合的  
*adv.* 全部, 总计; 一般来说, 大体上 (40)

**critic** /'krɪtɪk/ *n.* 批评家, 评论家; 批评者, 挑剔的人 (40)

**inspection** /ɪn'spekʃn/ *n.* 检查, 查看, 审视; 视察 (40)

**expose** /ɪk'spəʊz/ *vt.* 揭露, 揭穿; 暴露, 显露; 使遭受; 使接触 (40)

**political** /pə'lɪtɪkl/ *adj.* 政治的, 政府的, 政党的; 政党的, 党派的 (40)

**soldier** /'səʊldʒə(r)/ *n.* 军人, 士兵 (40)

**crisis** /'kraɪsɪs/ *n.* (*pl.* **crises** /'kraɪsɪ:z/) 危机, 危急关头; 危难时刻, 病危期 (40)

**decline** /dɪ'klaɪn/ *n.* 衰退, 衰落, 减少, 下降  
*vi. & vt.* 减少, 下降, 衰退, 衰落; 谢绝 (40)

**overthrow** /əʊvə'θrəʊ/ *vt.* (**overthrew**, **overthrown**) 推翻, 打倒  
*n.* 推翻, 打倒 (40)

**be down to** 由...引起 (或造成) (40)

**\*scale** /skeɪl/ *n.* 规模, 范围; 等级, 级别; 标度; 比例 (40)

**emperor** /'empərə(r)/ *n.* 皇帝 (40)

**in one's own right** 凭自身的资格 (或努力) (40)

**outstanding** /aʊt'stændɪŋ/ *adj.* 优秀的, 杰出的; 突出的, 明显的 (40)

**exhibition** /,eksɪ'bɪʃn/ *n.* 展览, 展出 (40)

**rare** /reə(r)/ *adj.* 稀少的, 罕见的; 稀罕的, 珍贵的 (40)

**speak volumes about** 充分说明, 清楚表明 (40)

**historic** /hɪ'stɔ:rɪk/ *adj.* 历史上著名的; 有史

时期的 (40)

**career** /kə'riə(r)/ *n.* 经历, 事业; 生涯, 职业 (41)

## Unit 4

**\*barren** /'bærən/ *adj.* 贫瘠的, 不毛的; 不结果的 (43)

**frozen** /'frəʊzn/ *adj.* 结冰的, 冰封的; 冷冻的; 冻僵的 (43)

**imply** /ɪm'plaɪ/ *vt.* 含有...的意思, 暗示, 暗指 (44)

**dimension** /dar'menʃn/ *n.* 方面, 侧面; 规模, 程度; 维 (44)

**grasp** /grɑ:sp/ *n.* 理解, 领会; 抓紧, 握紧, 控制; 能力所及  
*vt.* 抓紧; 领会, 理解 (44)

**detect** /dɪ'tekt/ *vt.* 发现, 查明, 侦察出 (44)

**rhyme** /raɪm/ *n.* 押韵词; 押韵  
*vt.* 使押韵  
*vi.* 和...同韵 (44)

**complex** /'kɒmpleks/ *adj.* 复杂的, 难懂的  
*n.* 建筑群; 复合体; 情结 (45)

**contradictory** /,kɒntrə'dɪktəri/ *adj.* 相互矛盾的, 对立的 (45)

**dig up** 发现, 搜集, 查明 (45)

**clue** /klu:/ *n.* 线索, 提示; 迹象 (45)

**cage** /keɪdʒ/ *vt.* 把 (动物) 关在笼中  
*n.* 笼子 (45)

**\*trill** /trɪl/ *n.* (鸟的) 啼啭; 颤音  
*vt.* 欢快地高声说  
*vi.* 发颤音 (45)

**interpret** /ɪn'tɜ:prət/ *vt.* 解释, 阐释; 把...理解为, 领会; 演绎  
*vi.* 口译 (45)

**patience** /'peɪʃns/ *n.* 耐心, 忍耐力 (45)

**aside** /ə'saɪd/ *adv.* 到旁边, 在旁边; 留, 存; 除...以外 (45)

**set sth aside** 把...放一边; 留出 (45)

- remote** /rɪ'məʊt/ *adj.* 偏远的, 偏僻的; 遥远的, 久远的; 远亲的 (45)
- reward** /rɪ'wɔ:d/ *vt.* 奖励, 奖赏  
*n.* 奖励, 回报; 悬赏金 (45)
- constantly** /'kɒnstəntli/ *adv.* 始终, 一直 (45)
- logical** /'lɒdʒɪkl/ *adj.* 符合逻辑的; 必然的, 合乎情理的 (45)
- inner** /'ɪnə(r)/ *adj.* 内心的, 隐藏的; 里面的, 内部的 (45)
- perceive** /pə'si:v/ *vt.* 注意到, 意识到; 将…理解为, 将…视为 (45)
- reality** /ri'æləti/ *n.* 现实, 实际情况; 事实, 实际经历 (45)
- mist** /mɪst/ *n.* 薄雾, 水汽 (47)
- novelist** /'nɒvəlɪst/ *n.* 小说家 (48)
- break with sth** 与某事终止关联, 破除 (48)
- ideal** /aɪ'di:əl/ *n.* 理想; 典范  
*adj.* 完美的, 理想的 (48)
- rigid** /'rɪdʒɪd/ *adj.* 死板的, 僵硬的; 固执的, 僵化的 (48)
- undergo** /,ʌndə'gəʊ/ *vt.* (**underwent**, **undergone**) 经历, 经受 (48)
- industrialization** /ɪn,dʌstriəl'aɪ'zeɪʃn/  
*n.* 工业化 (48)
- advocate** /'ædvəkeɪt/ *vt.* 拥护, 支持, 提倡  
/ædvəkeɪt/ *n.* 拥护者, 支持者; 辩护律师 (48)
- belief** /brɪ'li:f/ *n.* 看法, 信念; 信仰; 相信, 信心 (48)
- era** /'ɪərə/ *n.* 时代, 年代 (48)
- district** /'dɪstrɪkt/ *n.* 区, 行政区; 地区, 区域 (49)
- \***diverge** /daɪ'vɜ:dʒ/ *vi.* 分叉, 岔开; 分歧, 相异; 偏离 (50)
- bend** /bend/ *vi. & vt.* (**bent**, **bent**) (使) 拐弯, 弯曲  
*n.* 拐弯, 弯道 (50)
- claim** /kleɪm/ *n.* 声明, 宣称; 所有权; 索赔  
*vt.* 宣称, 声称; 要求; 索取; 获得 (50)
- \***tread** /tred/ *vi. & vt.* (**trod**, **trodden**) 踩, 踏; 踩碎, 践踏; 行走, 步行 (50)
- \***sigh** /saɪ/ *n. & vi.* 叹气, 叹息 (50)
- hence** /hens/ *adv.* 因此, 由此 (50)
- dare** /deə(r)/ *vi. & vt.* 敢于, 胆敢; 激 (某人做某事) (53)
- \***dweller** /'dwelə(r)/ *n.* 居民, 居住者 (53)
- striking** /'straɪkɪŋ/ *adj.* 引人注目的, 显著的; 妩媚动人的, 标致的 (53)
- characterize** /'kærəktəraɪz/ (*also* **characterise**) *vt.* 是…的特征, 以…为典型; 使…具有特点; 描述, 刻画 (53)
- Confucianism** /kən'fju:ʃənɪzəm/ *n.* 儒家, 儒学, 孔子学说 (53)
- \***Taoism** /'taʊɪzəm; 'daʊɪzəm/ *n.* 道教, 道家 (53)
- \***legend** /'ledʒənd/ *n.* 传说, 传奇故事; 传奇人物 (53)
- encounter** /ɪn'kaʊntə(r)/ *vt.* 偶然碰到, 意外地遇见; 遭遇, 碰到  
*n.* 相遇, 遭遇, 冲突 (53)
- \***nourish** /'nʌrɪʃ/ *vt.* 培养, 助长; 抚养, 滋养 (53)
- numerous** /'nju:mərəs/ *adj.* 众多的, 许多的 (53)
- \***glorious** /'glɒrɪəs/ *adj.* 荣耀的, 光荣的; 壮丽的, 辉煌的 (53)
- \***boom** /bu:m/ *n.* (贸易和经济活动的) 激增, 繁荣  
*vi.* 迅速发展, 激增, 繁荣昌盛 (54)
- stability** /stə'bɪləti/ *n.* 稳定 (性), 稳固 (性) (54)
- tolerant** /'tɒlərənt/ *adj.* 宽容的, 容忍的; 能耐…的 (54)
- liberty** /'lɪbəti/ *n.* 自由 (54)
- \***unconstrained** /,ʌnkən'streɪnd/ *adj.* 不受约束的, 自由的 (54)
- vitality** /vaɪ'tæləti/ *n.* 生命力, 活力, 热情 (54)
- distinguish** /dɪ'stɪŋɡwɪʃ/ *vt. & vi.* 成为…的特征, 使有别于; 区分, 辨别; 认出; 使出众 (54)
- \***exaggeration** /ɪg,zædʒə'reɪʃn/ *n.* 夸张, 夸大 (54)
- \***metaphor** /'metəfə(r)/ *n.* 暗喻, 隐喻 (54)
- representative** /,reprɪ'zentətɪv/ *adj.* 典型的,

- 有代表性的  
*n.* 典型人物, 代表性人物; 代表 (54)
- frost** /frɒst/ *n.* 霜, 霜冻, 严寒天气 (54)
- cast** /kɑ:st/ *vt.* (**cast, cast**) 投射; 向...投以(视线、笑容等); 投, 抛; 选派角色  
*n.* 全体演员; 投, 抛 (54)
- owe** /əʊ/ *vt.* 欠(情); 欠(债) (54)
- debt** /det/ *n.* 人情债, 情义, 恩情; 借款, 欠款, 债务 (54)
- \* **fascinate** /'fæsmeɪt/ *vt. & vi.* 深深吸引, 迷住 (54)
- entitle** /ɪn'taɪtl/ *vt.* (*usually passive*) 给...命名; 使享有权利, 使符合资格 (54)
- blame** /bleɪm/ *vt.* 把...归咎于, 责怪, 指责  
*n.* 责任, 责备, 指责 (55)
- allowance** /ə'laʊəns/ *n.* 津贴, 补助; 限额; 零花钱 (55)
- make allowance for** 体谅; 考虑到, 估计到 (55)
- \* **triumph** /'traɪʌmf/ *n.* 巨大成功, 重大成就, 伟大胜利  
*vi.* 打败, 战胜, 成功 (55)
- \* **impostor** /ɪm'pɒstə(r)/ *n.* 冒名顶替者, 冒名行骗者 (55)
- unforgiving** /ˌʌnfə'gɪvɪŋ/ *adj.* 棘手的; 不饶人的, 不宽容的 (55)

# Wordlist 2

(in alphabetical order)

说明:本表收录各单元阅读文章和语篇练习中所包含的生词和短语,不收录指示语和讲解文字中所包含的生词和短语。带\*的词条为《普通高中英语课程标准(2017年版2020年修订)》规定之外的词汇。

## A

- abandon** /ə'bændən/ *vt.* 中止,放弃,不再有;  
抛弃;舍弃 (26)
- accompany** /ə'kʌmpəni/ *vt.* 陪同,陪伴;伴  
随,与...同时发生;为...伴奏 (23)
- adaptation** /,ædæp'teɪʃn/ *n.* 改编本,改写本;  
适应 (19)
- adorable** /ə'dɔ:rəbl/ *adj.* 可爱的,讨人喜爱的 (9)
- advocate** /'ædvəkeɪt/ *vt.* 拥护,支持,提倡  
/'ædvəkət/ *n.* 拥护者,支持者;辩护律师 (48)
- all of a sudden** 突然,猛地 (26)
- all walks of life** 各行各业,社会各界 (39)
- allowance** /ə'lauəns/ *n.* 津贴,补助;限额;零  
花钱 (55)
- make allowance for** 体谅;考虑到,估计  
到 (55)
- ambitious** /æm'biʃəs/ *adj.* 宏大的,艰巨的;  
有野心的,有雄心的 (39)
- apart** /ə'pa:t/ *adv.* 成碎片;分开;相隔 (13)
- fall apart** 破碎,破裂;崩溃 (13)
- apparent** /ə'pærənt/ *adj.* 显而易见,明白易  
懂,显然 (39)
- appetite** /'æpɪtaɪt/ *n.* 食欲,胃口;强烈欲望 (12)
- appropriate** /ə'prəʊpɪət/ *adj.* 合适的 (12)
- arch** /ɑ:tʃ/ *n.* 拱门;拱 (19)
- architecture** /'ɑ:kɪtektʃə(r)/ *n.* 建筑设计,建  
筑风格;建筑学 (35)
- arrange** /ə'reɪndʒ/ *vt. & vi.* 整理,布置;安排,  
筹备 (37)

- aside** /ə'saɪd/ *adv.* 到旁边,在旁边;留,存;  
除...以外 (45)
- set sth aside** 把...放一边;留出 (45)
- association** /ə,səʊsi'eɪʃn; ə,səʊʃi'eɪʃn/ *n.* 联  
想,联系;协会,社团;联合,交往 (2)
- atmosphere** /'ætməsfɪə(r)/ *n.* 气氛,氛围;大  
气;气体;空气 (7)
- \*Austrian** /'ɔ:striən/ *adj.* 奥地利的,奥地利  
人的 (15)

## B

- bake** /beɪk/ *vt. & vi.* 烘烤;烤硬 (9)
- bakery** /'beɪkəri/ *n.* 面包(糕饼)店 (9)
- \*barren** /'bærən/ *adj.* 贫瘠的,不毛的;不结果  
实的 (43)
- bathe** /beɪð/ *vt.* 以(光线)洒满,覆盖,使沐浴  
(在光线里);用水清洗 (34)
- bay** /beɪ/ *n.* (海或湖的)湾 (7)
- be down to** 由...引起(或造成) (40)
- belief** /br'i:li:f/ *n.* 看法,信念;信仰,相信,信心  
(48)
- bend** /bend/ *vi. & vt.* (**bent, bent**) (使)拐弯,  
弯曲  
*n.* 拐弯,弯道 (50)
- bet** /bet/ *n.* 打赌,赌注;预计,估计  
*vi. & vt.* (**bet, bet**) 下赌注,打赌;敢说 (7)
- bitter** /'bɪtə(r)/ *adj.* 味苦的;激烈的;令人难  
过的;严寒的 (9)
- blame** /bleɪm/ *vt.* 把...归咎于,责怪,指责

*n.* 责任, 责备, 指责 (55)

**blues** /blu:z/ *n.* (**the blues**) 布鲁斯音乐, 蓝调; 忧郁, 悲伤 (17)

**boil** /bɔɪl/ *vt. & vi.* 用沸水煮; (使) 沸腾 (6)

**bond** /bɒnd/ *n.* 纽带, 联系; 连接, 结合 (3)

**\*boom** /bu:m/ *n.* (贸易和经济活动的) 激增, 繁荣

*vi.* 迅速发展, 激增, 繁荣昌盛 (54)

**break with sth** 与某事终止关联, 破除 (48)

**breath** /breθ/ *n.* 呼吸的空气; 一次吸入的空气; 微量, 迹象 (23)

**\*breeze** /bri:z/ *n.* 微风, 和风 (17)

**brilliant** /'brɪliənt/ *adj.* 聪颖的, 技艺高的; 巧妙的; 很成功的; 明亮的 (25)

**brushwork** /'brʌʃwɜ:k/ *n.* (画家的) 笔触, 画法 (31)

**buffet** /'bʊfeɪ; 'bʌfeɪ/ *n.* 自助餐 (7)

**butcher** /'bʊtʃə(r)/ *n.* 肉贩, 屠夫 (39)

## C

**cabbage** /'kæbɪdʒ/ *n.* 甘蓝, 卷心菜 (13)

**cage** /keɪdʒ/ *vt.* 把 (动物) 关在笼中

*n.* 笼子 (45)

**calling** /'kɔ:lɪŋ/ *n.* 职业, 事业; 使命感 (33)

**calorie** /'kæləri/ *n.* 卡, 卡路里; 千卡 (5)

**campaign** /kæm'peɪn/ *n.* (宣传) 活动, 运动; 战役

*vt. & vi.* 发起运动, 参加活动 (35)

**\*Cantonese** /kæntə'nɪ:z/ *adj.* 广东人 (或文化) 的, 粤语的

*n.* (*pl.* **Cantonese**) 广东人; 粤语 (12)

**\*canvas** /'kænvəs/ *n.* 画布, 油画; 帆布 (31)

**career** /kə'riə(r)/ *n.* 经历, 事业; 生涯, 职业 (41)

**cast** /kɑ:st/ *vt.* (**cast, cast**) 投射; 向…投以 (视线、笑容等); 投, 抛; 选派角色

*n.* 全体演员; 投, 抛 (54)

**characterize** /'kærəktəraɪz/ (*also* **characterise**) *vt.* 是…的特征, 以…为典型; 使…具有特点; 描述, 刻画 (53)

**cheese** /tʃi:z/ *n.* 干酪, 奶酪 (9)

**chef** /ʃef/ *n.* 主厨, 厨师 (12)

**\*chilli** /'tʃɪli/ (*AmE* **chili**) *n.* 辣椒 (11)

**chorus** /'kɔ:rəs/ *n.* 合唱曲; 副歌; 合唱团 (26)

**civilian** /sə'vɪliən/ *n.* 平民, 老百姓, 庶民 (39)

**claim** /kleɪm/ *n.* 声明, 宣称; 所有权; 索赔

*vt.* 宣称, 声称; 要求; 索取; 获得 (50)

**clothing** /'kləʊðɪŋ/ *n.* 衣服, 服装 (40)

**clue** /klu:/ *n.* 线索, 提示; 迹象 (45)

**combination** /kəm'bɪneɪʃn/ *n.* 结合体, 联合体; 联合, 混合 (2)

**combine** /kəm'bam/ *vt. & vi.* (使) 融合; (使) 结合, (使) 混合; 兼做; 合并 (16)

**communist** /'kɒmjənɪst/ *adj.* 共产主义的

*n.* 共产主义者 (19)

**complex** /'kɒmpleks/ *adj.* 复杂的, 难懂的

*n.* 建筑群; 复合体; 情结 (45)

**complicated** /'kɒmplɪkeɪtɪd/ *adj.* 复杂的, 难懂的 (23)

**compose** /kəm'pəʊz/ *vt. & vi.* 作曲; 组成; 撰写; 使镇静 (16)

**composer** /kəm'pəʊzə(r)/ *n.* 作曲家, 作曲者 (15)

**comprehensive** /kəm'prɪ'hensɪv/ *adj.* 全面的, 详尽的; 综合性的 (40)

**concept** /'kɒnsept/ *n.* 概念, 观念 (12)

**\*concerto** /kən'tʃeɪtəʊ/ *n.* 协奏曲 (15)

**Confucianism** /kən'fju:ʃənɪzəm/ *n.* 儒家, 儒学, 孔子学说 (53)

**consist** /kən'sɪst/ **of** 由…组成 (或构成) (19)

**constantly** /'kɒnstəntli/ *adv.* 始终, 一直 (45)

**consume** /kən'sju:m/ *vt.* 吃, 喝, 饮; 消耗, 耗费 (尤指燃料、能量或时间) (12)

**contradictory** /kɒntrə'dɪktəri/ *adj.* 相互矛盾的, 对立的 (45)

**cream** /kri:m/ *n.* 奶油, 乳脂; 护肤霜 (9)

**creamy** /'kri:mi/ *adj.* 含奶油的; 像奶油的, 光滑细腻的; 淡黄色的 (2)

**crisis** /'kraɪsɪs/ *n.* (*pl.* **crises** /'kraɪsɪz/) 危机, 危急关头; 危难时刻, 病危期 (40)

- critic** /'kɹɪtɪk/ *n.* 批评家,评论家;批评者,挑剔的人 (40)
- crop** /krɒp/ *n.* 庄稼,作物;收成,产量 (39)
- cry out for** 迫切需要 (3)
- cycle** /'saɪkl/ *n.* 循环;自行车,摩托车  
*vi.* 骑自行车 (5)

## D

- damp** /dæmp/ *adj.* 潮湿的,湿气重的 (11)
- dare** /deə(r)/ *vi. & vt.* 敢于,胆敢;激(某人做某事) (53)
- debt** /det/ *n.* 人情债,情义,恩情;借款,欠款,债务 (54)
- decade** /'dekeɪd; dɪ'keɪd/ *n.* 十年,十年期 (30)
- decline** /drɪ'klaɪn/ *n.* 衰退,衰落,减少,下降  
*vi. & vt.* 减少,下降,衰退,衰落;谢绝 (40)
- defend** /drɪ'fend/ *vt. & vi.* 保护,防御;辩白,辩解 (19)
- delicate** /'delɪkət/ *adj.* 精致的,精细的,精密的;易损的,易碎的,脆弱的 (12)
- depress** /drɪ'pres/ *vt.* 使抑郁,使沮丧;使萧条,使不景气 (25)
- deserve** /drɪ'zɜ:v/ *vt.* 值得,应得 (16)
- desperate** /'despəreɪt/ *adj.* 绝望的;不惜冒险的;极其需要的;极严重的 (26)
- dessert** /drɪ'zɜ:t/ *n.* (饭后) 甜点,甜食 (2)
- detect** /drɪ'tekt/ *vt.* 发现,查明,侦察出 (44)
- dig up** 发现,搜集,查明 (45)
- digest** /dar'dʒest; dɪ'dʒest/ *vt. & vi.* 消化;领会,理解  
/'daɪdʒest/ *n.* 摘要,文摘 (5)
- \*dim sum** /dɪm 'sʌm/ *n.* 点心 (12)
- dimension** /dar'menʃn/ *n.* 方面,侧面;规模,程度;维 (44)
- disc** /dɪsk/ (*AmE* **disk**) *n.* 唱片;光碟,光盘;圆盘,圆片 (23)
- display** /drɪ'spleɪ/ *vt.* 陈列,展出;显示,表现  
*n.* 陈列,展览;表现;展示 (31)
- distant** /'dɪstənt/ *adj.* 遥远的,远处的,久远

- 的;冷淡的;远亲的 (21)
- distinguish** /drɪ'stɪŋɡwɪʃ/ *vt. & vi.* 成为…的特征,使有别于;区分,辨别;认出;使出众 (54)
- district** /'dɪstrɪkt/ *n.* 区,行政区;地区,区域 (49)
- \*diverge** /daɪ'vɜ:dʒ/ *vi.* 分叉,岔开;分歧,相异;偏离 (50)
- do the trick** 奏效,起作用,达到目的 (2)
- dominate** /'dɒmɪneɪt/ *vt. & vi.* 在…中具有最重要(或明显)的特色;支配,控制;占有优势;俯视 (31)
- dramatic** /drə'mætɪk/ *adj.* 激动人心的,引人注目的;突然的,戏剧的;夸张的 (16)
- \*dweller** /'dwelə(r)/ *n.* 居民,居住者 (53)
- dynasty** /'dɪnəsti/ *n.* 朝,代;王朝 (11)
- ## E
- ease** /i:z/ *n.* 容易,轻易;舒适,安逸  
*vi. & vt.* (使) 宽慰,减轻 (26)
- edge** /edʒ/ *n.* 边,边缘;刀口 (13)
- elderly** /'eldəli/ *adj.* 年纪较大的,上了年纪的 (9)
- emotion** /ɪ'məʊʃn/ *n.* 情感,强烈的感情,激情,情绪 (3)
- emperor** /'empərə(r)/ *n.* 皇帝 (40)
- emphasis** /'emfəsis/ *n.* (*pl.* **emphases** /'emfəsi:z/) 强调,重视;重读 (12)
- employ** /ɪm'plɔɪ/ *vt.* 运用,使用;雇用 (31)
- encounter** /ɪn'kaʊntə(r)/ *vt.* 偶然碰到,意外地遇见;遭遇,碰到  
*n.* 相遇,遭遇,冲突 (53)
- enhance** /ɪn'hɑ:ns/ *vt.* 提高,增强 (6)
- enormous** /ɪ'nɔ:məs/ *adj.* 巨大的,庞大的 (39)
- enthusiastic** /ɪn'θju:zi'æstɪk/ *adj.* 热情的,热心的 (25)
- entitle** /ɪn'taɪtl/ *vt.* (*usually passive*) 给…命名;使享有权利,使符合资格 (54)
- era** /'ɪərə/ *n.* 时代,年代 (48)
- essence** /'esns/ *n.* 本质,精髓;香精,精油 (31)
- essential** /ɪ'senʃl/ *adj.* 必不可少的;本质的,基本的 (12)

- estimate** /'estɪmənt/ *vt.* 估计, 估价  
/ 'estɪmət/ *n.* 估计; 估计的成本 (12)
- \***exaggeration** /ɪgˌzædʒə'reɪʃn/ *n.* 夸张, 夸大 (54)
- exhibition** /,ɛksɪ'bɪʃn/ *n.* 展览, 展出 (40)
- expand** /ɪk'spænd/ *vt. & vi.* 增加, 扩大; 扩  
展, 发展(业务); 详谈, 详述 (11)
- expectation** /,ɛkspek'teɪʃn/ *n.* 希望, 盼望; 预  
料, 预期; 期望, 指望 (23)
- expose** /ɪk'spəʊz/ *vt.* 揭露, 揭穿; 暴露, 显露;  
使遭受; 使接触 (40)
- extraordinary** /ɪk'strɔ:dnri/ *adj.* 不寻常的,  
非凡的; 意想不到的, 令人惊奇的 (25)

## F

- \***fascinate** /'fæsɪneɪt/ *vt. & vi.* 深深吸引, 迷住 (54)
- filling** /'fɪlɪŋ/ *n.* (糕点等的) 馅 (9)
- \***finale** /fɪ'nɑ:lɪ/ *n.* 末乐章, 终场, 结局; 结尾 (26)
- flavour** /'fleɪvə(r)/ (*AmE* **flavor**) *n.* 味, 味道;  
特点, 特色  
*vt.* 给...调味, 加味于 (2)
- flour** /'flaʊə(r)/ *n.* 面粉 (9)
- flow** /fləʊ/ *vi.* 流, 流动; 充满; 涨起  
*n.* 流, 流动; 连贯; 涨潮 (20)
- foggy** /'fɒɡi/ *adj.* 有雾的, 雾茫茫的 (11)
- folk** /fəʊk/ *adj.* 民间的, 民俗的  
*n.* 民间音乐; 人们; 各位; 家人 (17)
- for good measure** 作为额外增添 (17)
- forever** /fə'revə(r)/ *adv.* 永远; 长久地; 老是 (16)
- frost** /frɒst/ *n.* 霜; 霜冻, 严寒天气 (54)
- frozen** /'frəʊzn/ *adj.* 结冰的, 冰封的; 冷冻  
的; 冻僵的 (43)
- fry** /fraɪ/ *vt. & vi.* 油炸, 油煎 (6)

## G

- gallery** /'gæləri/ *n.* 展览馆, 画廊; 长廊, 走廊;  
楼上旁听席 (30)
- garlic** /'gɑ:lɪk/ *n.* 蒜, 大蒜 (37)
- generate** /'dʒenəreɪt/ *vt.* 产生, 引起 (5)

- genius** /'dʒɪniəs/ *n.* 天赋, 天资; 天才 (26)
- gently** /'dʒentli/ *adv.* 轻柔地, 温和地 (2)
- get down to (doing) sth** 开始做某事, 开始  
认真注意(或对待)某事 (21)
- gifted** /'ɡɪftɪd/ *adj.* 有才华的, 有天赋的 (25)
- \***glorious** /'glɔ:riəs/ *adj.* 荣耀的, 光荣的; 壮丽  
的, 辉煌的 (53)
- go about sth** 忙于做某事, 继续做某事 (39)
- grab** /græb/ *vt. & vi.* 吸引; 抓住; 赶紧, 抓紧 (23)
- gram** /græm/ *n.* 克 (13)
- grand** /grænd/ *adj.* 宏大的, 宏伟的; 壮丽的,  
堂皇的 (26)
- grasp** /grɑ:sp/ *n.* 理解, 领会; 抓紧, 握紧, 控  
制; 能力所及

*vt.* 抓紧; 领会, 理解 (44)

- \***grave** /ɡreɪv/ *n.* 坟墓; 死亡, 去世  
*adj.* 严重的; 严肃的 (16)
- greedily** /'ɡri:dɪli/ *adv.* 贪婪地, 贪心地 (2)
- greet** /ɡri:t/ *vt.* 问候, 欢迎, 招呼 (21)
- guarantee** /ɡæərən'ti:/ *vt.* 保证, 担保; 确保; 为  
(产品) 提供保修  
*n.* 保证, 担保; 保修单 (17)

## H

- handkerchief** /'hæŋkətʃɪf; 'hæŋkətʃi:f/ *n.*  
(*pl.* **handkerchiefs** or **handkerchieves**)  
手帕, 纸巾 (25)
- \***heaven** /'hevn/ *n.* 极乐之地 (17)
- hence** /hens/ *adv.* 因此, 由此 (50)
- historic** /hɪ'stɔ:rɪk/ *adj.* 历史上著名的; 有史  
时期的 (40)
- hit the spot** 使人满意, 正合需要 (12)

## I

- ideal** /aɪ'di:əl/ *n.* 理想; 典范  
*adj.* 完美的, 理想的 (48)
- imply** /ɪm'plaɪ/ *vt.* 含有...的意思, 暗示,  
暗指 (44)

- \*impostor** /ɪmˈpɒstə(r)/ *n.* 冒名顶替者, 冒名行骗者 (55)
- impress** /ɪmˈpres/ *vt. & vi.* 使钦佩, 给…留下深刻印象; 使意识到 (7)
- in one's own right** 凭自身的资格 (或努力) (40)
- industrialization** /ɪnˌdʌstriələɪˈzeɪʃn/ *n.* 工业化 (48)
- \*ingredient** /ɪnˈɡriːdiənt/ *n.* 材料, 成分; 因素, 要素 (9)
- \*ink** /ɪŋk/ *n.* 墨水, 墨汁 (39)
- inner** /ˈɪnə(r)/ *adj.* 内心的, 隐藏的; 里面的, 内部的 (45)
- innovation** /ɪnəˈveɪʃn/ *n.* 创造, 创新; 新思想, 新方法 (12)
- insight** /ɪnˈsaɪt/ *n.* 洞悉, 了解; 洞察力, 领悟 (39)
- inspection** /ɪnˈspekʃn/ *n.* 检查, 查看, 审视; 视察 (40)
- interpret** /ɪnˈtɜːprət/ *vt.* 解释, 阐释; 把…理解为, 领会; 演绎 *vi.* 口译 (45)
- \*invader** /ɪnˈveɪdə(r)/ *n.* 武装入侵的军队 (或国家), 侵略者 (19)

## J

- jazz** /dʒæz/ *n.* 爵士乐 (19)

## L

- landscape** /ˈlændskeɪp/ *n.* 乡村风景画; 风景, 景色 (29)
- \*lane** /leɪn/ *n.* (乡间) 小路; 小巷; 车道; 跑道; 航线 (23)
- \*layer** /ˈleɪə(r); ˈleə(r)/ *n.* 层, 表层; 层次 (9)
- \*legend** /ˈledʒənd/ *n.* 传说, 传奇故事; 传奇人物 (53)
- liberation** /ˌlɪbəˈreɪʃn/ *n.* 解放, 摆脱 (31)
- liberty** /ˈlɪbətɪ/ *n.* 自由 (54)
- like-minded** /ˌlaɪk ˈmaɪndɪd/ *adj.* 想法相同

的, 志趣相投的 (31)

- link** /lɪŋk/ *vt.* 联系, 相关联; 把…连接起来 *n.* 联系, 连接; 关系, 纽带; 链接 (3)
- logical** /ˈlɒdʒɪkl/ *adj.* 符合逻辑的; 必然的, 合乎情理的 (45)
- loose** /luːs/ *adj.* 不受约束的; 未固定牢的; 零散的; 宽松的; 疏松的 (11)
- let sth loose** 释放; 放任 (11)
- lower** /ˈləʊə(r)/ *vt.* 降低, 减少; 把…放低, 使…降下 *adj.* 下面的; 在底部的; 低洼的 (5)
- \*lyric** /ˈlɪrɪk/ *n.* 歌词; 抒情诗 *adj.* 抒情的; 吟唱的 (17)

## M

- \*metaphor** /ˈmetəfə(r)/ *n.* 暗喻, 隐喻 (54)
- mild** /maɪld/ *adj.* 不浓的, 淡味的; 暖和的; 温和的; 不严重的 (9)
- mist** /mɪst/ *n.* 薄雾, 水汽 (47)
- mixture** /ˈmɪkstʃə(r)/ *n.* 混合物; 混合, 结合 (13)
- mood** /muːd/ *n.* 情绪, 心情; 气氛, 氛围 (2)
- mostly** /ˈməʊstli/ *adv.* 主要地, 一般地 (30)
- multiple** /ˈmʌltɪpl/ *adj.* 数量多的, 多样的 (11)
- mushroom** /ˈmʌʃrʊm/ *n.* 蘑菇 (37)

## N

- native** /ˈneɪtɪv/ *n.* 出生于某国 (或某地) 的人; 本地人 *adj.* 出生地的; 本地的; 土著的; 土产的 (3)
- neighbourhood** /ˈneɪbəhʊd/ (*AmE* **neighborhood**) *n.* 街区, 城区; 邻近的地方 (31)
- \*nourish** /ˈnʌrɪʃ/ *vt.* 培养, 助长; 抚养, 滋养 (53)
- novelist** /ˈnɒvəlɪst/ *n.* 小说家 (48)
- numerous** /ˈnjuːmərəs/ *adj.* 众多的, 许多的 (53)

## O

- onion** /'ʌnjən/ *n.* 洋葱, 葱头 (11)  
**spring onion** 小葱, 香葱 (11)  
**opposed** /ə'pəuzd/ *adj.* 截然不同的; 强烈反对的 (31)  
**as opposed to** (表示对比) 而, 相对于 (31)  
**\*orchestra** /'ɔ:kɪstrə/ *n.* 管弦乐队 (26)  
**out of this world** 好 (或美等) 得不得了, 非凡, 呱呱叫 (9)  
**outstanding** /aʊt'stændɪŋ/ *adj.* 优秀的, 杰出的; 突出的, 明显的 (40)  
**overall** /ə'əʊvər'ɔ:l/ *adj.* 全面的, 综合的  
*adv.* 全部, 总计; 一般来说, 大体上 (40)  
**overcome** /əʊvə'kʌm/ *vt.* (**overcame**,  
**overcome**) 受到…的极大影响; 克服, 解决; 战胜 (16)  
**overthrow** /əʊvə'θrəʊ/ *vt.* (**overthrew**,  
**overthrown**) 推翻, 打倒 (40)  
*/əʊvəθrəʊ/ n.* 推翻, 打倒 (40)  
**owe** /əʊ/ *vt.* 欠 (情); 欠 (债) (54)

## P

- pan** /pæn/ *n.* 平锅, 平底锅 (6)  
**patience** /'peɪjns/ *n.* 耐心, 忍耐力 (45)  
**pepper** /'pepə(r)/ *n.* 甜椒; 胡椒粉 (11)  
**Sichuan pepper** 花椒 (11)  
**perceive** /pə'si:v/ *vt.* 注意到, 意识到; 将…理解为, 将…视为 (45)  
**\*perspective** /pə'spektrɪv/ *n.* 透视法; 态度, 观点; 客观判断力; 景观, 远景 (39)  
**\*pixel** /'pɪksl/ *n.* 像素 (34)  
**plain** /pleɪn/ *adj.* 朴素的, 简单的; 清楚的  
*n.* 平原 (11)  
**pleasant** /'pleznt/ *adj.* 令人愉快的, 可喜的; 友好的, 和善的 (16)  
**\*Polish** /'pəʊlɪʃ/ *adj.* 波兰的, 波兰人的, 波兰语的 (15)  
**political** /pə'lɪtɪkəl/ *adj.* 政治的, 政府的, 政权的; 政党的, 党派的 (40)

- pond** /pɒnd/ *n.* 池塘, 水池 (31)  
**\*portrait** /'pɔ:treɪt/ *n.* 肖像, 半身画像; 详细的描述, 描绘 (29)  
**possess** /pə'zes/ *vt.* 具有 (特质); 拥有; 支配, 控制 (26)  
**precise** /prɪ'saɪs/ *adj.* 细致的, 精细的; 准确的, 精确的; 恰好的 (39)  
**prediction** /prɪ'dɪkʃn/ *n.* 预言, 预测 (25)  
**property** /'prɒpəti/ *n.* 性质, 特性; 所有物, 财产; 不动产 (12)

## R

- rare** /reə(r)/ *adj.* 稀少的, 罕见的; 稀罕的, 珍贵的 (40)  
**raw** /rɔ:ɪ/ *adj.* 未经加工的, 自然状态的; 生的, 未烹制的 (37)  
**realistic** /rɪə'lɪstɪk; rɪə'lɪstɪk/ *adj.* 逼真的, 栩栩如生的; 现实的, 实际的; 明智的 (31)  
**reality** /rɪ'æləti/ *n.* 现实, 实际情况; 事实, 实际经历 (45)  
**recording** /rɪ'kɔ:dɪŋ/ *n.* 录音, 视频; 录制; 记录, 记载 (21)  
**relieve** /rɪ'lɪv/ *vt.* 解除, 减轻; 缓和, 缓解 (3)  
**rely** /rɪ'lai/ **on** 依赖, 依靠; 信任 (17)  
**remarkable** /rɪ'mɑ:kəbl/ *adj.* 非凡的, 奇异的, 显著的, 引人注目的 (25)  
**remote** /rɪ'məʊt/ *adj.* 偏远的, 偏僻的; 遥远的, 久远的; 远亲的 (45)  
**representative** /,reprɪ'zentətɪv/ *adj.* 典型的, 有代表性的  
*n.* 典型人物, 代表性人物; 代表 (54)  
**reputation** /repju'teɪʃn/ *n.* 名誉, 名声 (25)  
**reward** /rɪ'wɔ:d/ *vt.* 奖励, 奖赏  
*n.* 奖励, 回报; 悬赏金 (45)  
**rhyme** /raɪm/ *n.* 押韵词; 押韵  
*vt.* 使押韵  
*vi.* 和…同韵 (44)  
**\*rhythm** /rɪðəm/ *n.* 节奏, 韵律, 律动; 规律 (27)

**rigid** /'rɪdʒɪd/ *adj.* 死板的, 僵硬的; 固执的, 僵化的 (48)  
**rural** /'ruərəl/ *adj.* 乡村的, 农村的 (17)

## S

**sail** /seɪl/ *vi. & vt.* (乘船)航行; 起航; 驾驶(船只); 飘, 掠  
*n.* 帆; 乘船航行 (39)  
**salty** /'sɔ:lti/ *adj.* 咸的, 含盐的 (3)  
**\*sauce** /sɔ:s/ *n.* 调味汁, 酱 (11)  
**saucer** /'sɔ:sə(r)/ *n.* 碟状物, 茶碟, 茶托 (3)  
**\*scale** /skeɪl/ *n.* 规模, 范围; 等级, 级别; 标度; 比例 (40)  
**scenery** /'sɪnəri/ *n.* 风景, 景色; 舞台布景 (7)  
**\*scroll** /skrɔ:ʊl/ *n.* 长卷纸, 卷轴 (39)  
**security** /sɪ'kjʊərəti/ *n.* 安全; 保护措施; 保安部门; 担保, 保证 (5)  
**setting** /'setɪŋ/ *n.* 环境, 背景; 情节背景 (31)  
**shade** /ʃeɪd/ *n.* 阴影部分; 色度; 阴凉处 (34)  
**\*sigh** /saɪ/ *n. & vi.* 叹气, 叹息 (50)  
**slice** /slaɪs/ *n.* 薄片, 片; 部分, 份额  
*vt.* 把…切成片; 切开, 割破 (11)  
**solar** /'səʊlə(r)/ *adj.* 太阳的; 太阳能的 (21)  
**soldier** /'səʊldʒə(r)/ *n.* 军人, 士兵 (40)  
**\*solo** /'səʊləʊ/ *n.* 独奏, 独唱  
*adj.* 独自的; 独唱的, 独奏的 (19)  
**sorrow** /'sɒrəʊ/ *n.* 悲伤, 悲痛; 伤心事 (16)  
**sour** /'saʊə(r)/ *adj.* 酸的, 有酸味的; 馊的  
*vi. & vt.* (使) 变坏; 变味, 酸腐 (3)  
**\*spacecraft** /'speɪskra:ft/ *n.* (*pl.* **spacecraft**)  
航天(飞行)器, 宇宙飞船 (21)  
**speak volumes about** 充分说明, 清楚表明 (40)  
**stability** /stə'biləti/ *n.* 稳定(性), 稳固(性) (54)  
**stare** /steə(r)/ *vi.* 盯着看, 凝视, 注视  
*n.* 盯, 凝视, 注视 (23)  
**steak** /steɪk/ *n.* 牛排; 肉排, 肉块 (6)  
**steam** /sti:m/ *vt. & vi.* 蒸; 散发蒸汽  
*n.* 水蒸气; 蒸汽动力; 水汽 (12)  
**stimulate** /'stɪmjuleɪt/ *vt.* 促进, 激发; 刺激,

使兴奋 (12)

**stream** /stri:m/ *vi. & vt.* 鱼贯而行, 涌动; 流, 流动  
*n.* 小溪; (人)流, (车)流 (25)

**strike** /straɪk/ *vt. & vi.* (**struck, struck**) 突然想到; 撞, 碰; 打; 突击; 罢工; 划(火柴)  
*n.* 罢工; 袭击; 击, 打 (31)

**striking** /'straɪkɪŋ/ *adj.* 引人注目的, 显著的; 妩媚动人的, 标致的 (53)

**structure** /'strʌktʃə(r)/ *n.* 建筑物; 结构, 构造; 精心组织 (40)

**suitable** /'su:təbl; 'sju:təbl/ *adj.* 合适的, 适宜的, 适当的, 适用的 (21)

**surroundings** /sə'raʊndɪŋz/ *n.* 周围, 环境 (17)

**sweep** /swi:p/ *vt. & vi.* (**swept, swept**) 席卷, 横扫; 打扫; 吹走; 清除  
*n.* 打扫, 清扫 (23)

**symphony** /'sɪmfəni/ *n.* 交响乐, 交响曲 (15)

## T

**\*Taoism** /'taʊɪzəm; 'daʊɪzəm/ *n.* 道教, 道家 (53)

**tear apart** 使(关系密切的人)分离, 分开 (16)

**temple** /'templ/ *n.* 庙宇, 寺院 (40)

**throw in** 奉送, 额外赠送 (17)

**throw oneself into** 投身于, 热衷于 (6)

**\*tiramisu** /'træmɪ'su:/ *n.* 提拉米苏 (9)

**toast** /təʊst/ *n.* 吐司, 烤面包片; 干杯, 祝酒  
*vt.* 为…干杯; 烤; 取暖 (37)

**tolerant** /'tɒlərənt/ *adj.* 宽容的, 容忍的; 能耐…的 (54)

**transform** /træns'fɔ:m/ *vi. & vt.* (使) 变形, (使) 改观, (使) 转化 (16)

**\*tread** /tred/ *vi. & vt.* (**trod, trodden**) 踩, 踏; 踩碎, 践踏; 行走, 步行 (50)

**\*trill** /trɪl/ *n.* (鸟的) 啼啭; 颤音  
*vt.* 欢快地高声说  
*vi.* 发颤音 (45)

**\*triumph** /'traɪʌmf/ *n.* 巨大成功, 重大成就, 伟大胜利

*vi.* 打败, 战胜, 成功 (55)

**tune** /tju:n/ *n.* 曲调, 曲子

*vt.* 调音; 调频道; 调整 (17)

## U

\***unconstrained** /,ʌnkən'streɪnd/ *adj.* 不受约束的, 自由的 (54)

**undergo** /,ʌndə'gəʊ/ *vt.* (**underwent**, **undergone**) 经历, 经受 (48)

**unforgiving** /,ʌnfə'gɪvɪŋ/ *adj.* 棘手的; 不饶人的, 不宽容的 (55)

**unusual** /ʌn'ju:zʊəl/ *adj.* 特别的, 不寻常的, 独特的, 与众不同的 (23)

**uplifting** /,ʌp'lɪftɪŋ/ *adj.* 令人振奋的, 鼓舞人心的 (26)

**upset** /,ʌp'set/ *adj.* 难过的, 失望的  
/,ʌp'set/ *vt.* (**upset**, **upset**) 使烦恼; 搅乱; 打翻 (25)

## V

**variation** /,veəri'eɪʃn/ *n.* 变奏, 变奏曲; 变化, 变更; 变体, 变种 (26)

**vary** /'veəri/ *vi.* (根据情况)变化, 变更; 相异, 不同  
*vt.* 变更, 改变 (2)

**vast** /vɑ:st/ *adj.* 大量的, 辽阔的, 巨大的 (25)

**version** /'vɜ:ʃn/ *n.* 变体, 变种; 说法; 版本 (9)

\***vinegar** /'vɪnɪgə(r)/ *n.* 醋 (3)

**vision** /'vɪʒn/ *n.* 远见卓识; 视力, 视野; 想象 (31)

**vitality** /vɑ'tæləti/ *n.* 生命力, 活力, 热情 (54)

**vivid** /'vɪvɪd/ *adj.* 鲜明的, 耀眼的; 生动的 (31)

**volume** /'vɒljʊ:m/ *n.* 音量, 响度; 体积, 容积, 容量; 量, 额 (23)

## W

**wage** /weɪdʒ/ *vt.* 开始, 发动  
*n.* (通常指按周领的) 工资, 工钱 (35)

**wander** /'wɒndə(r)/ *vi. & vt.* 闲逛, 漫步; 走失; 走神; 蜿蜒曲折 (30)

**weep** /wi:p/ *vi. & vt.* (**wept**, **wept**) 哭泣, 流泪 (16)

**whisper** /'wɪspə(r)/ *vi. & vt.* 耳语, 低语; 私下说; 沙沙作响  
*n.* 低语; 轻柔的声音; 传言 (16)

**wind** /waɪnd/ *vi. & vt.* (**wound**, **wound**) 蜿蜒, 迂回; 上发条; 缠绕 (39)

**worthy** /'wɜ:ði/ *adj.* 值得 (或应得) ... 的; 值得尊敬的, 值得注意的 (31)

**wrapper** /'ræpə(r)/ *n.* (食品等的) 包装材料, 包装纸 (13)

# Wordlist 3

## (proper nouns)

说明:本表收录教科书中出现的人名、国名、地名、节日名称等专有名词。本表按页码排序。

<b>Chen Shou</b>	陈寿(三国及西晋时期史学家)	(1)
<b>Kung Pao</b> /'kʊŋ 'pau/ <b>Chicken</b>	宫保鸡丁(菜名)	(7)
<b>Sky Buffet</b>	天空自助餐厅(虚拟餐厅名)	(7)
<b>Tower 88</b>	88大厦(虚拟建筑物名)	(7)
<b>Jake</b> /dʒeɪk/	杰克(男子名)	(8)
<b>Amy</b> /'eɪmi/	埃米(女子名)	(9)
<b>the Yangtze</b> /'jɑŋtsɪ/ <b>River</b>	(中国)长江	(11)
<b>Ratatouille</b> /rætə'tu:ɪ/	《料理鼠王》(电影名)	(14)
<b>Remy</b> /'remi/	里米(《料理鼠王》中的角色)	(14)
<b>“What Happens in Your Brain When You Taste Food”</b>	《当你品尝食物时,你的大脑里在发生什么》(演讲名)	(14)
<b>Camilla Arndal Andersen</b> /kə'mɪlə ɑndl 'ændəsn/	卡米拉·阿恩达尔·安德森(丹麦神经科学家)	(14)
<b>Xian Xinghai</b>	冼星海(中国音乐家)	(15)
<b>Hua Yanjun</b>	华彦钧(中国音乐家,又名“阿炳”)	(15)
<b>Moonlight on the Second Spring</b>	《二泉映月》(阿炳的作品)	(15)
<b>Liu Tianhua</b>	刘天华(中国音乐家)	(15)
<b>Moon Night</b>	《月夜》(刘天华的作品)	(15)
<b>Birdsong over Empty Mountain</b>	《空山鸟语》(刘天华的作品)	(15)
<b>Wolfgang Amadeus Mozart</b> /'wɒlfɡæŋ ,ɑ:mɑ:'deɪs 'məʊtsɑ:t/	沃尔夫冈·阿马迪尤斯·莫扎特(奥地利作曲家)	(15)
<b>Symphony No. 41 (the Jupiter Symphony)</b> /'dʒu:pɪtə(r)/ <b>Symphony</b>	《第四十一交响曲》,又名《朱庇特交响曲》(莫扎特的作品)	(15)
<b>Piano Concerto No. 23</b>	《第二十三钢琴协奏曲》(莫扎特的作品)	(15)
<b>Frédéric François Chopin</b> /'fred(ə),rɪk 'frɑ:nswɑ: 'ʃəʊpæn/	弗里德里克·弗朗索瓦·肖邦(波兰作曲家、钢琴家)	(15)
<b>the Minute Waltz</b> /wɔ:ls; wɔ:ltz/	《一分钟圆舞曲》(肖邦的作品)	(15)
<b>Alice Duncan</b> /,æɪlɪs 'dʌŋkən/	艾丽斯·邓肯(女子名)	(16)
<b>Lucy Becker</b> /,lu:si 'bekə(r)/	露西·贝克尔(女子名)	(16)
<b>Butterfly Lovers</b>	《梁祝》(何占豪、陈钢的作品)	(16)
<b>He Zhanhao</b>	何占豪(中国作曲家)	(16)
<b>Chen Gang</b>	陈钢(中国作曲家)	(16)

<b>Liang Shanbo</b>	梁山伯 (《梁祝》中的人物)	(16)
<b>Zhu Yingtai</b>	祝英台 (《梁祝》中的人物)	(16)
<b>Yue Opera</b>	越剧	(16)
<b>Stephen</b> /'sti:vɪn/	斯蒂芬 (男子名)	(17)
<b>Harry</b> /'hæri/	哈里 (男子名)	(17)
<b>Nashville</b> /'næʃvɪl/	纳什维尔 (美国田纳西州首府)	(17)
<b>John Denver</b> /,dʒɒn 'denvə(r)/	约翰·丹佛 (美国歌手)	(17)
<b>West Virginia</b> /və'dʒɪniə/	西弗吉尼亚州 (美国州名)	(17)
<b>Blue Ridge Mountains</b>	(美国) 蓝岭山脉	(17)
<b>the Shenandoah River</b>	(美国) 谢南多厄河	(17)
<b>“Take Me Home, Country Roads”</b>	《乡村路带我回家》(约翰·丹佛的歌曲)	(17)
<b>the Yellow River Piano Concerto</b>	《黄河钢琴协奏曲》(钢琴协奏曲名)	(19)
<b>(the) Yellow River Cantata</b> /kæn'tɑ:tə/	《黄河大合唱》(由冼星海作曲的音乐作品)	(19)
<b>the Communist Party of China</b>	中国共产党	(19)
<b>“The Song of the Yellow River Boatmen”</b>	《黄河船夫曲》(《黄河钢琴协奏曲》的第一乐章)	(19)
<b>“Ode to the Yellow River”</b>	《黄河颂》(《黄河钢琴协奏曲》的第二乐章)	(19)
<b>“The Yellow River in Anger”</b>	《黄河愤》(《黄河钢琴协奏曲》的第三乐章)	(19)
<b>“Defend the Yellow River”</b>	《保卫黄河》(《黄河钢琴协奏曲》的第四乐章)	(19)
<b>Spring and Autumn and Warring States</b>	春秋战国 (中国历史时期)	(20)
<b>Boya</b>	伯牙 (春秋战国时期楚国人)	(20)
<b>Zhong Ziqi</b>	钟子期 (春秋战国时期楚国人)	(20)
<b>High Mountains and Flowing Water</b>	《高山流水》(古琴曲名)	(20)
<b>the Mid-Autumn Festival</b>	中秋节	(20)
<b>Voyager 1</b>	“旅行者一号” (美国发射的无人外太阳系空间探测器)	(21)
<b>Voyager 2</b>	“旅行者二号” (美国发射的无人外太阳系空间探测器)	(21)
<b>Carl Sagan</b> /,kɑ:l 'seɪɡən/	卡尔·萨根 (美国天文学家、天体物理学家)	(21)
<b>Guan Pinghu</b>	管平湖 (中国古琴演奏家、画家)	(21)
<b>Flowing Water</b>	《流水》(古琴曲名)	(21)
<b>Jacky</b> /'dʒæki/	杰基 (男子名)	(22)
<b>Hot Hits and Super Sounds</b>	《热门歌曲和超级声音》(虚拟广播节目名)	(22)
<b>the Fab Four</b>	超级四人组 (披头士乐队的昵称)	(23)
<b>the Beatles</b> /'bi:tlz/	披头士乐队 (英国摇滚乐队)	(23)
<b>Paul McCartney</b> /pɔ:l mə'kɑ:tni/	保罗·麦卡特尼 (披头士乐队成员)	(23)
<b>“She Loves You”</b>	《她爱你》(披头士乐队的歌曲)	(23)
<b>Ludwig van Beethoven</b>	路德维希·凡·贝多芬 (德国音乐家)	(25)
<b>Vienna</b> /vi'neɪ/	维也纳 (奥地利首都)	(25)

<i>Symphony No. 9</i>	《第九交响曲》(贝多芬的作品)	(25)
“Try Everything”	《尝试一切》(夏奇拉的歌曲)	(27)
<b>Disney</b> /'dɪzni/	迪士尼公司	(27)
<i>Zootopia</i> /zu:'təʊpiə/	《疯狂动物城》(电影名)	(27)
<b>Shakira</b> /ʃə'ki:rə/	夏奇拉(哥伦比亚歌手)	(27)
<b>Gazelle</b> /gə'zel/	夏奇羊(《疯狂动物城》中的角色)	(27)
<i>The Sound of Music</i>	《音乐之声》(电影名)	(28)
<i>Vie de Beethoven</i>	《贝多芬传》(罗曼·罗兰的作品)	(28)
<b>Romain Rolland</b> /rɒ'mæŋ rɒ'lɒŋ/	罗曼·罗兰(法国作家)	(28)
<b>Simonides of Ceos</b> /saɪ'mɒnɪdɪz əv 'si:ɒs/	凯奥斯岛的西摩尼得斯(古希腊诗人)	(29)
<b>Paris</b> /'pærɪs/	巴黎(法国首都)	(30)
<b>France</b> /frɑ:ns/	法国	(30)
<b>the Musée d'Orsay</b> /mju:'zeɪ dɔ:'zeɪ/	(法国) 奥赛博物馆	(30)
<i>The Ballet Class</i>	《舞蹈课》(埃德加·德加的画作)	(30)
<i>The Card Players</i>	《玩纸牌者》(保罗·塞尚的画作)	(30)
<b>Claude Monet</b> /,kləʊd mɒ'ne/	克劳德·莫奈(法国画家)	(30)
<b>Pierre-Auguste Renoir</b> /pi'eə(r) ɒ'gju:st 'renwɑ:(r)/	皮埃尔-奥古斯特·雷诺阿(法国画家)	(30)
<i>Blue Water Lilies</i>	《蓝睡莲》(莫奈的画作)	(30)
<i>Dance at Le Moulin</i> /'mu:læn/ <i>de la</i> <i>Galette</i> /gə'let/	《煎饼磨坊的舞会》(雷诺阿的画作)	(31)
<b>Vincent van Gogh</b> /,vɪnsənt væn 'gəʊ/	文森特·凡·高(荷兰画家)	(31)
<b>Paul Gauguin</b> /,pɔ:l 'gəʊgæn/	保罗·高更(法国画家)	(31)
<b>Impressionism</b> /ɪm'preʃənɪzəm/	印象派(西方绘画艺术流派)	(31)
<b>Rembrandt</b> /rembrænt/	伦勃朗(荷兰画家)	(33)
<b>the Louvre</b> /'lu:vvrə/ <b>Museum</b>	(法国) 卢浮宫	(33)
<b>the National Gallery</b>	(英国) 国家美术馆	(34)
<b>Amsterdam</b> /,æmstə'dæm/	阿姆斯特丹(荷兰首都)	(35)
<b>Rijksmuseum</b> /,rɪkksmu:'zeɪəm/	(荷兰) 国立博物馆	(35)
<b>the Big Draw</b>	“大绘画”活动(荷兰国立博物馆发起的活动)	(35)
<b>Lisa</b> /'li:sə/	莉萨(女子名)	(36)
<b>Jane Perkins</b> /,dʒeɪm 'pɜ:kɪnz/	简·珀金斯(英国艺术家)	(36)
<b>the Qingming Scroll</b>	《清明上河图》(张择端的画作)	(39)
<b>Zhang Zeduan</b>	张择端(中国北宋画家)	(39)
<b>Bianjing</b>	汴京(北宋都城)	(39)
<b>Kaifeng</b>	开封(中国城市)	(39)

<b>the Palace Museum</b>	故宫博物院	(39)
<b>Xu Beihong</b>	徐悲鸿 (中国画家)	(41)
<b>Yixing</b>	宜兴 (江苏省县级市)	(41)
<i>Portrait of Ms Jenny</i> /'dʒeni/	《珍妮小姐画像》(徐悲鸿的画作)	(41)
<i>Six Galloping Horses</i> /'gæləpɪŋ/	《六骏图》(徐悲鸿的画作)	(41)
<i>The French Impressionists (1860–1900)</i>	《法国印象派画家 (1860—1900)》(书名)	(42)
<b>“Preface to <i>The Book of Songs</i>”</b>	《毛诗序》(中国古代诗歌理论研究文献)	(43)
<b>“A Spring Morning”</b>	《春晓》(孟浩然的诗歌)	(43)
<b>Meng Haoran</b>	孟浩然 (中国唐代诗人)	(43)
<b>Xu Yuanchong</b>	许渊冲 (中国翻译家)	(43)
<b>“Dreams”</b>	《梦想》(兰斯顿·休斯的诗歌)	(43)
<b>Langston Hughes</b> /,læŋkstən 'hju:z/	兰斯顿·休斯 (美国诗人、小说家)	(43)
<b>“Sweet and Low”</b>	《轻轻地,柔和地》(丁尼生的诗歌)	(44)
<b>Alfred Tennyson</b> /,ælfri:d 'tenɪsən/	阿尔弗雷德·丁尼生 (英国诗人)	(44)
<b>“Caged Bird”</b>	《笼中鸟》(玛雅·安吉洛的诗歌)	(45)
<b>Maya Angelou</b> /,maɪə 'ændʒəlu:/	玛雅·安吉洛 (美国作家、诗人)	(45)
<b>“Stopping by Woods on a Snowy Evening”</b>	《雪夜林边小驻》(弗罗斯特的诗歌)	(45)
<b>Robert Frost</b> /,rɒbət 'frɒst/	罗伯特·弗罗斯特 (美国诗人)	(45)
<b>Romanticism</b> /rəʊ'mæntɪsɪzəm/	浪漫主义 (文学艺术的思潮之一)	(48)
<b>William Wordsworth</b> /,'wɪljəm 'wɜ:dzwəθ/	威廉·华兹华斯 (英国诗人)	(48)
<b>Samuel Taylor Coleridge</b> /,sæmjuel ,teɪlə 'kəʊləɪdʒ/	塞缪尔·泰勒·柯尔律治 (英国诗人)	(48)
<b>George Gordon Byron</b> /dʒɔ:dz 'gɔ:dn 'baɪrən/	乔治·戈登·拜伦 (英国诗人)	(48)
<b>Percy Bysshe Shelley</b> /'pɜ:si bɪʃ 'ʃeli/	珀西·比希·雪莱 (英国诗人)	(48)
<b>the Lake District</b>	(英国) 湖区	(49)
<b>Cambridge</b> /'keɪmbɪdʒ/	(英国) 剑桥 (大学)	(49)
<i>Lyrical</i> /'lɪrɪkl/ <i>Ballads</i> /'bælədz/	《抒情歌谣集》(华兹华斯与柯尔律治的诗歌集)	(49)
<b>“The Road Not Taken”</b>	《未选择的路》(弗罗斯特的诗歌)	(50)
<b>(the) Pulitzer</b> /'pʊlɪtʒə(r)/ <b>Prizes</b>	普利策奖	(51)
<b>Edward Thomas</b> /,edwəd 'tɒməs/	爱德华·托马斯 (英国诗人)	(51)
<b>Li Bai</b>	李白 (中国唐代诗人)	(53)
<b>“A Night Stay at a Mountain Temple”</b>	《夜宿山寺》(李白的诗歌)	(53)
<b>“Autumn Frost”</b>	《秋浦歌》(李白的诗歌)	(54)
<b>Qu Yuan</b>	屈原 (中国战国时期诗人)	(54)
<b>Ezra Pound</b> /,ezrə 'paʊnd/	埃兹拉·庞德 (美国诗人)	(54)

<i>Cathay</i> /kæ'θei/	《华夏集》(庞德的诗歌集)	(54)
“Leaving the White Emperor Town at Dawn”	《早发白帝城》(李白的诗歌)	(54)
“If—”	《如果》(吉卜林的诗歌)	(55)
<b>Rudyard Kipling</b> /ˌrʌdjɑ:d 'kiplɪŋ/	拉迪亚德·吉卜林(英国小说家、诗人)	(55)
<i>Du Fu: China's Greatest Poet</i>	《杜甫:中国最伟大的诗人》(纪录片名)	(56)
<b>Du Fu</b>	杜甫(中国唐代诗人)	(56)

# Irregular verbs

Base form	Simple past	Past participle	Base form	Simple past	Past participle
arise	arose	arisen	eat	ate	eaten
awake	awoke	awoken	fall	fell	fallen
be	was/were	been	feed	fed	fed
bear	bore	borne	feel	felt	felt
beat	beat	beaten	fight	fought	fought
become	became	become	find	found	found
begin	began	begun	fly	flew	flown
bend	bent	bent	forecast	forecast/ forecasted	forecast/ forecasted
bet	bet	bet	forget	forgot	forgotten
bite	bit	bitten	forgive	forgave	forgiven
bleed	bled	bled	freeze	froze	frozen
blow	blew	blown	get	got	got
break	broke	broken	give	gave	given
bring	brought	brought	go	went	gone
broadcast	broadcast	broadcast	grow	grew	grown
build	built	built	hang	hung/hanged	hung/hanged
burn	burnt/burned	burnt/burned	have	had	had
buy	bought	bought	hear	heard	heard
cast	cast	cast	hide	hid	hidden
catch	caught	caught	hit	hit	hit
choose	chose	chosen	hold	held	held
come	came	come	hurt	hurt	hurt
cost	cost	cost	keep	kept	kept
cut	cut	cut	know	knew	known
deal	dealt	dealt	lay	laid	laid
dig	dug	dug	lead	led	led
do	did	done	learn	learnt/learned	learnt/learned
draw	drew	drawn	leave	left	left
dream	dreamt/dreamed	dreamt/dreamed	lend	lent	lent
drink	drank	drunk	let	let	let
drive	drove	driven			

Base form	Simple past	Past participle	Base form	Simple past	Past participle
lie	lied/lay	lied/lain	sleep	slept	slept
light	lit/lighted	lit/lighted	slide	slid	slid
lose	lost	lost	smell	smelt/smelled	smelt/smelled
make	made	made	sow	sowed	sown/sowed
mean	meant	meant	speak	spoke	spoken
meet	met	met	speed	sped/speeded	sped/speeded
mistake	mistook	mistaken	spell	spelt/spelled	spelt/spelled
misunderstand	misunderstood	misunderstood	spend	spent	spent
overcome	overcame	overcome	spread	spread	spread
panic	panicked	panicked	spring	sprang	sprung
pay	paid	paid	stand	stood	stood
prove	proved	proved/proven	steal	stole	stolen
put	put	put	stick	stuck	stuck
quit	quit/quitted	quit/quitted	strike	struck	struck/stricken
read	read	read	string	strung	strung
ride	rode	ridden	sweep	swept	swept
ring	rang	rung	swim	swam	swum
rise	rose	risen	swing	swung	swung
run	ran	run	take	took	taken
say	said	said	teach	taught	taught
see	saw	seen	tell	told	told
seek	sought	sought	think	thought	thought
sell	sold	sold	throw	threw	thrown
send	sent	sent	understand	understood	understood
set	set	set	upset	upset	upset
sew	sewed	sewn/sewed	wake	woke	woken
shake	shook	shaken	wear	wore	worn
shine	shone	shone	weep	wept	wept
shoot	shot	shot	wet	wet/wetted	wet/wetted
show	showed	shown	win	won	won
shut	shut	shut	wind	wound	wound
sing	sang	sung	withdraw	withdrew	withdrawn
sink	sank	sunk	write	wrote	written
sit	sat	sat			

# 后 记

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